MJWC

1982-1983

1983-1984

Scrapbook

Morrow Jr. Woman's Club

Awards

1. certificate of appreciation from Ga. Coalition to Prevent Shoplifting
2. 100% on Goal Sheet
3. Appreciation Award - Cystic Fibrosis
4. Citation - 6th district - Judi Rogers Governmental Action Award
5. 4th place - GA. Retail Ass. Award

Departments

1. 1st place - Home Life
2. Villa Rica Jr. Woman's Club Family Living Award
3. 3rd place Public Affairs - Jr. Conference

Georgia Coalition To Prevent Shoplifting

CERTIFICATE OF APPRECIATION

To Morrow Junior Woman's Club

For Dedication And Service In Shoplifting Prevention Programming

4/26/82

CHAIRMAN, GEORGIA COALITION
TO PREVENT SHOPLIFTING

Scholarship Awarded

Carol Peebles (Second from left) of Jonesboro, a nursing student at Clayton Junior College, is the recipient of the first annual Morrow Junior Woman's Club scholarship. Making the presentation was Carol Hatfield (L), chairwoman of the club's education department for 1981-82. Also present were Jayne Troy (second from right), club president for 1981-83 and Carol Hall (r), education department chairwoman for 1982-83.

Morrow Junior Woman's Club Honors Members

The Morrow Junior Woman's Club recently honored five women during the installation of officers held at the Lake Spivey Country Club. Recognized for their contributions were (L-R) Carol Hatfield, named outstanding citizen; Jayne Troy, outstanding clubwoman; Virginia Cheeves and Jane Young, charter members; and Janie Griffin, outgoing president.

WEDNESDAY, MAY 5, 1982

Receives Honor

Honored at the Morrow Junior Woman's Club installation of officers were Jayne Troy, left, and Carol Hatfield. Mrs. Troy, who was installed as president, was chosen Outstanding Clubwoman of the Year. The new second vice-president, Mrs. Hatfield, was named Outstanding Citizen. She and her husband, Gene, and their two children, Ann and Edward, were chosen "Family of the Year." Serving this year with the two women will be Marti Peterson, first vice-president; Nan Peeples, recording secretary; Connie Taylor, corresponding secretary; and Linda Harrelson, treasurer. Also honored were Virginia Cheeves and Jane Young, the only currently active charter members.

Morrow Plans Big Clean Up

Morrow is preparing for its annual clean up and beautification week which is scheduled for April 12 through 16.

Councilwoman Gwen Grayson, who is serving as beautification chairman this year, said that notices of the event were sent out to Morrow residents with their garbage bills.

The city will pick up articles which would not ordinarily be collected in an effort to aid citizens in cleaning up their lawns.

In addition, the city will sponsor a "best kept yard" competition.

Jane Troy, president of the Morrow Junior Women's Club, is coordinating volunteers from her organization who will serve as the judges.

They Have 'Best Kept' Yards

Morrow has once again awarded to households in the city for their well manicured yards. The Best Kept Yard contest was judged by Morrow Junior Women's Club members Jayne Troy and Jane Young. (L-R) First place winners John and Elizabeth Mashburn are awarded by Morrow Councilwoman Gwen Grayson along with second place winners Martha and Herbert Robins Jr..

CLAYTON NEWS/DAILY, WEDNESDAY, MAY 19,1982

Best Yards

Morrow City Councilman Gwen Grayson (C) presents awards for the best kept yards to Mr. and Mrs. John Mashburn (L), and to Mr. and Mrs. Herbert Robins. The awards were given by the Morrow Jr. Woman's Club for residents who made special efforts to beautify their yards.

CLAYTON NEWS/DAILY, THURSDAY, APRIL 29, 1982

...appropriated.

Applause broke out at the meeting for first and second place winners of the city's "Best Kept Yard Award." The city honored Mr. and Mrs. John E. Mashburn of 1693 Argonne Dr. as having the nicest property in the city. Second place winners were Mr. and Mrs. Herbert Robins Jr., 1400 Graceland Ct.

The judging for the annual award was accomplished by Morrow Jr. Woman's Club members Jane Troy and Jane Young.

Mailing List Readyed For Rally

Morrow Junior Women's Club members (L-R) Sandy Collins and Jane Young prepare mailing list for political rally. The women's club is sponsoring the annual rally, which will be held July 3 at the Morrow Municipal Complex. Barbecue plates, which will be served from 11 a.m. until 7 p.m., will cost $4. The political rally, which will feature Clayton politicians, will be held at 7 p.m. (Staff Photo By Robert Jackson)

Clayton News/Daily Photo by Guy Hardegree

Political Rally Saturday

The Morrow Junior Woman's Club will sponsor a political rally and barbecue to be held Saturday. All state and local political candidates have been invited to attend the rally and a number, from local commission and state House races to candidates for governor, have confirmed they will attend. Barbecue will be served from 11 a.m. to 7 p.m., at which time all candidates facing opposition will be allowed to speak. Pictured are club members Julie Heath, Carol Hall and Ruth Lester advertising the rally.

Morrow Rally Set Saturday

MORROW--The Morrow Junior Women's Club will host a rally and barbecue for state and local political candidates at the Morrow Municipal Complex Saturday.

The barbecue, available at $4 per plate, will be served from 11 a.m. to 7 p.m. The political rally will follow at 7 p.m.

Candidates who seek additional information about the rally are invited by club members to call 961-4119.

Persons seeking tickets to the barbecue and rally may obtain them from any club member or by calling 961-2872.

Each candidate in an opposed race will be allowed to speak at the Morrow political rally.

Candidates who have confirmed they will attend the rally are gubernatorial hopefuls Norman Underwood and Buck Melton; candidate for lieutenant governor Joe Smith; Secretary of State David Poythress; Senate District 17 candidates Janice Horton and Joe Peek; District 44 Senator Terrell Starr, and Ed Holcomb, Julian Wall, and Ted Pylant, candidates for the District 71, Post 3 state House seat.

State representatives Jimmy Benefield and Rudolph Johnson will attend the political rally as will state Rep. Jim Wood, who is now seeking the Democratic nomination for the Sixth District congressional seat.

County commission candidates Annie Ruth Ford, Jimmy Dudley, and Jim Stewart have confirmed they will attend the rally, as have candidates for superior court judge Pete Frey, Martha Glaze and Stephen Boswell. School board superintendent candidates Ernest Stroud and Martha Fort also plan to attend. as does board candidate Nancy Aloia.

From statewide races, Public Service Commission candidate Mac Barber and candidate for state comptroller Tim Ryles will also be present.

Also confirming their attendance are secretary of state candidate Max Cleland; Zell Miller, seeking a third term as lieutenant governor; and candidate for superior court judge Michael Anderson.

Clayton Commission Chairman Charley Griswell will officiate at the political rally.

Political Rally Set In Morrow

MORROW--A barbecue and rally for local political candidates will be held at the Morrow Municipal Complex Saturday.

The event will be hosted by the Morrow Junior Women's Club. The barbecue, available at $4 per plate, will be served from 11 a.m. to 7 p.m. The political rally will follow at 7 p.m.

Persons seeking tickets to the barbecue may obtain them from any club members or by calling 961-2872.

Each candidate in an opposed race will be allowed to speak at the rally.

The candidates running for the Georgia House of Representatives, District 72, Post 5, including Democrats Frank Bailey, Bob Dotson, April Evans Judi Rogers and Joe Vance, and Republican candidate Johnny White, will appear at the rally.

Additionally, Glynda King and Linda Elkins, who are both running for seats in the Clayton County Board of Education, will be there.

As previously reported by the **News/Daily**, candidates for many other posts will also be on hand for the rally.

News At A Glance

Governor

He Cares

Rally Draws Crowd

The Morrow Junior Women's Club Saturday hosted a political rally for all candidates running in local posts. The group sold barbecue and desserts during the day and the rally was held that evening. Shown selling desserts are (left to right) Connie Taylor, Jenny Coughlan, Becky Sanders and Henri Nell Bertschin. To the left Mary Ann Maclaine (right) and Elaine Rivers (left) are shown dishing up barbecue and beans.

Clayton News/Daily Photos by Russell Mobley

FOR THE HOUSE
He Cares
RE-ELECT

VOTE FOR
Stephen E.
Boswell
JUDGE
ABNER MOORE
THEO SCOTT
JOE VANCE

ABNER MOORE
FRANK BAILEY
FOR THE HOUSE
He Cares
DESSERTS

STATE REPRESENTATIVE
CLAYTON COUNTY
DIST. 72 POST 5
FRANK BAILEY
FOR THE HOUSE
He Cares
RE-ELECT
FORD
COMMISSIONER
JUDI ROGERS
REPRESENTATIVE
CLAYTON POST 5

DEMOCRATIC CANDIDATE FOR....
State
House of Representatives
CLAYTON COUNTY

FRANK BAILEY
FOR THE
HOUSE
He Cares

JOE VANCE

EVANS

ELKINS
JOE PEEK
for STATE SENATE
Boswell for Judge
JERRY STUBBS
BOB DOTSON

MORROW JUNIOR WOMAN'S CLUB
JOE PEEK
VOTE
STUBBS

On The Sunny Side

Morrow Citizens Pull Together For Civic Project On Certification

By BOB MARCINK

The city of Morrow's citizens recently joined together in a civic project with the type of community committment seldom seen in today's world of introspection and home entertainment systems.

In the city's re-certification drive, over 80 percent of the city's residents participated in a survey designed to give the city's public officials feedback on city services.

If the number of participants alone doesn't impress, the highly favorable response of the citizens should.

Of the nearly 800 participants in the survey, 724 gave the police protection in the city a good or excellent rating, 739 gave the fire protection service a good or excellent rating, 663 rated the street lighting good or excellent, and 648 rated the garbage pickup good or excellent.

THE WORK of over 40 volunteers went into the survey that was taken street-by-street and door-to-door over the 63 streets of Morrow and into the nearly 1,000 homes of the city.

The project was coordinated by city council person Gwen Grayson, who was aided by 43 volunteers including Carol Hatfield, the vice president of the Morrow Junior Women's Club, and other members of the women's bloc.

"We had such enthusiastic participation," Grayson said last Thursday at Morrow City Hall. "Many of the volunteers went back several times to get everyone. The survey gave them (the citizens) a chance to voice their opinions about the city's services," Grayson added.

Hatfield

Grayson

Hatfield echoed Grayson's sentiments.

"I think the citizens were pleased to be approached," Hatfield said. "I think they feel part of the city of Morrow."

THE SURVEY process, which began approximately six months before the volunteers were asked to go door-to-door, was valuable to the city as a learning tool, according to Grayson.

According to Grayson, the feedback from the citizens let the city officials know which services were appreciated by the citizens, and also elicited suggestions from citizens that may lead to improvements in services.

Having been certified five years ago, the city is presently striving for a "superior" rating, a classification previously awarded to only three Georgia cities, Newnan, Marietta, and Warner Robbins.

In addition to the survey of the citizens, an on-sight inspection of the city was conducted in August by the Georgia Department of Community Affairs. According to Grayson, the inspectors offered both positive reinforcement for the present aesthetic state of the city, and suggestions designed to improve the the aesthetic quality and safety of other areas.

"Some of the suggestions they made we are already working to implement," Grayson said.

BUT THE major lesson learned through the re-certification process, according to Grayson is the citizens of Morrow do care about the services offered by the city, and the aesthetic quality of their surroundings.

Grayson expressed confidence that the city will receive the superior rating it is seeking, but added, "Even if we don't make it, we've learned a great deal."

Hatfield said she enjoyed working with the city as well as with the citizens of Morrow.

"It's a pleasure to work with the city of Morrow on a voluntary basis. The administrative staff is professional and well-organized, and the elected officials are dedicated and highly motivated," Hatfield said.

Hatfield also said she thought it was "interesting" that one of the city's voluntary programs, the beautification project, received the highest marks of the items listed on the survey. Over 97.1 percent of those questioned approved the program as related to residences, and 94.5 percent approved the program as related to local businesses.

"EVERYONE I asked knew about it," Hatfield said, "which is unusual for an optional program."

The spirit of the participation also led Grayson to remark about Hatfield's participation in the survey, while at the same time complimenting the other volunteers and citizens who participated in the survey.

"People like Carol Hatfield are an asset to Morrow," Grayson said.

Preparing To Sell Taters

Morrow Junior Woman's Club member Mary Ann MacLane prepares the lettering for a banner at the Tater Junction, advertising the Fall Bazaar to be cosponsored by Historical Jonesboro Inc. and the Clayton County Department of Parks and Recreation. The Bazaar is set for Saturday and Sunday in downtown Jonesboro and at Stately Oaks. Several clubs will offer edibles as well as arts and crafts. Also scheduled are tours of Stately Oaks and the Re-enactment of the Battle of Jonesboro. A special treat for railroad fans will be rides on "The Best Friend of Charleston" coal-bur ing locomotive.

WHAT?

Could you use a $100.00 scholarship for Winter Quarter 1983, at Clayton Junior College?

WHO?

You may qualify if you:

(1) are a woman, 25 years or older;
(2) have been accepted as a full or part-time student by December 14, 1982.
(3) can show you have a computed need. (Applicants must complete a Financial Aid Form. Need will be computed by the College Scholarship Service.)

HOW?

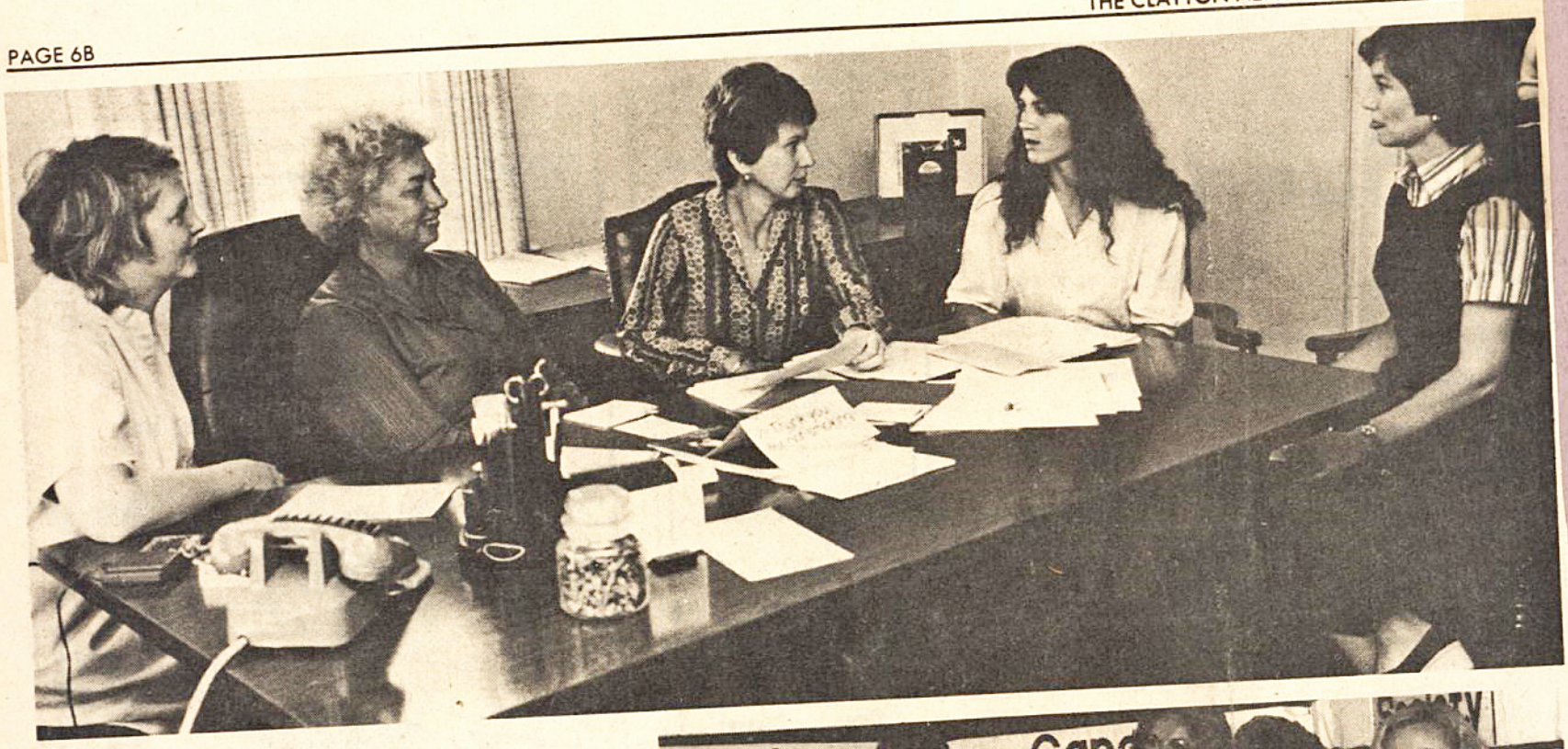
(1) Submit a personal statement of 200 words or less telling:
   a. Why you want to return to school at this time, and
   b. How you plan to use this education and training.
(2) This information should be mailed to Mrs. Carol Hall, 2280 Olin Court, Morrow, Georgia 30260.

BY WHOM?

The Morrow Junior Women's Club is offering this scholarship.

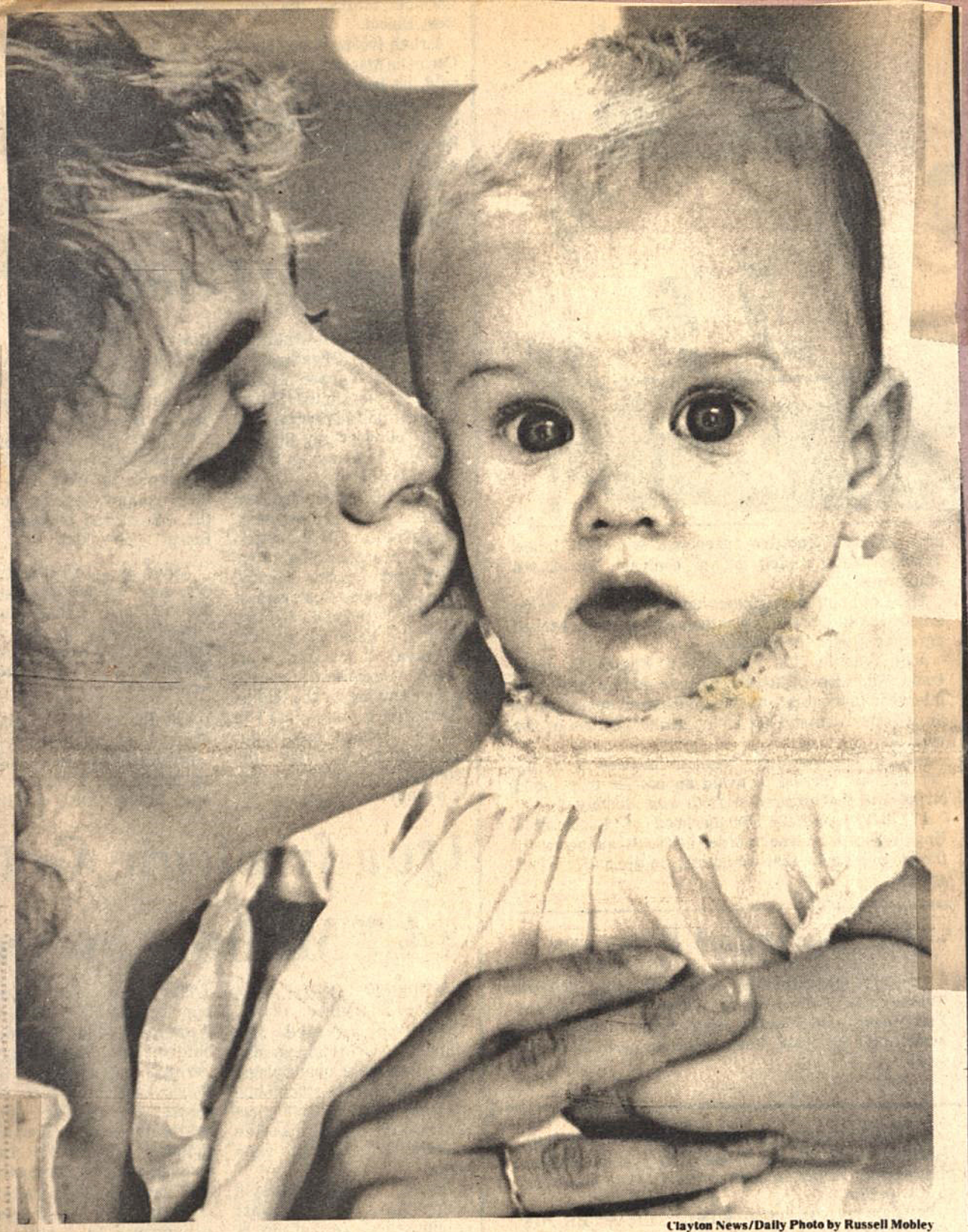
WHAT ELSE?

Additional information is available by contacting either the Financial Aid Office at Clayton Junior College at 961-3511 or by calling Carol Hall at 961-2827.



Salad Day Set Friday

Salad Day, to benefit the Cancer Society, will be held Friday from 11:30 a.m. until 2 p.m.at the Jonesboro United Methodist Church at 142 Main St. Tickets are $3 and may be purchased at the society office in Jonesboro or at the church on Friday. Top Photo: (L-R) Mary McCracken, JoAnne Massey, Gloria Hisel, Bonnie Mitchell, Carol Hatfield Plan Event. Bottom Photo: Seated (L-R) Glenda Slaughter, Ms. Hatfield, Ms. Hisel Judy Benefield. Standing: (L-R) Jane Smick, Peggy Thurmond, Jenny Coughlan, Phyllis Cagle, Barbara Clack, Gail Hunt, Linda Berry.



Clayton News/Daily Photo by Russell Mobley

BEBE ALLEN GIVES HER DAUGHTER BRANDY A KISS ON THE CHEEK
Five Month Old Brandy And Mom Live In Forest Park

Kissing Time

Kiss Test Urged For All Parents

Morrow Junior Woman's Club and the staff of the Georgia Chapter of the Cystic Fibrosis Foundation hope that Clayton County becomes the kissing capital of the U.S. during the week of Sept. 19-25. Of course, the vast majority of parents already kiss their babies, without any special encouragement.

What physicians are suggesting now is that you kiss to taste the baby's skin because that is a quick and easy way for a parent to tell if a child might have the common disease called cystic fibrosis (CF).

Children with cystic fibrosis, an inherited respiratory and digestive disorder, have sweat glands that produce perspiration with a salt content four or five times greater than normal. The skin of a child with cystic fibrosis tastes noticeably salty at all times. This taste should signal to the parent the need to consult a doctor for further testing.

A simple diagnostic sweat test can confirm what the kiss test has discovered about the baby.

Three other major clues provide the basis for a diagnosis of cystic fibrosis in addition to the abnormally high salt content in perspiration:

* Lack of digestive enzymes in the small intestine
* Chronic lung condition
* Detection of cystic fibrosis in brothers, sisters, or first cousins.

Affecting one in every 1,600 newborns, cystic fibrosis is the most common lethal genetic disease in this country today. Recognized as a distinct disease only since 1938, it is now being diagnosed with increasing frequency throughout the world. In Georgia there are two Cystic Fibrosis Centers for diagnosis and treatment, which are supported by the Cystic Fibrosis Foundation. One is affiliated with Emory University in Atlanta (404) 588-4380; the other with the Medical College of Georgia in Augusta (404) 828-3781. There is also a Statellite Clinic in Waycross operated by the Augusta center.

Taking prompt action is vitally important in cystic fibrosis, because the quality and length of the patient's life can be affected by early diagnosis and treatment.

To encourage early diagnosis of cystic fibrosis and to increase public awareness of the disease, the Georgia chapter of the Cystic Fibrosis Foundation will conduct its' annual "Kiss Your Baby" campaign during September 19-25. The Morrow Junior Woman's Club is helping in this endeavor.

Cystic Fibrosis attacks the lungs and digestive system by producing abnormal accumulations of mucus that interfere with breathing and absorption of food. Because of sophisticated treatment developed through research, nearly half of the children born with cystic fibrosis today will live past the age of 21.

MJ
WC

NOVEMBER 1982 NEWSLETTER

Don't be a turkey and miss our next club meeting ...

MEETING: Thursday, November 4, 1982
PLACE: Maddox Road Fire Station
TIME: 7:30p.m.

NOTES FROM THE PRESIDENT:

Please remember to mail or bring your GFWC questionaires to the club meeting. I need them as soon as possible.

Plans for the Spring District Meeting are shaping up very nicely. The meeting will be Sat., March 12th at Clayton Junior College. Mark your calendars now! We will need every club member present. A big thank-you to all for your help and support.

NOTES FROM THE HOME LIFE DEPARTMENT:

Thanks to everyone with their help in bringing groceries to the Morrow Food Pantry.

Look forward to the following at the next meeting:
Linda-Information on Inflation.
Judy-Blood pressure demonstration.
Elaine-X-ray and drug use information.
Pat Rager-Focus on Family information for National Family Week.

Anyone interested in entering the Federation Sewing Contest should let Jayne know. Any garment made between 2/1/82 and 2/1/83, is eligible.

NOTES FROM THE PUBLIC AFFAIRS DEPARTMENT:

The Safety Division provide these tips:
1. One thing you must not over look in cutting and burning wood is safety. Be sure your chain saw is in good working condition.
2. Be sure your wood burning stove is properly installed.
3. Check your chimney to see if it needs cleaning before the first fire.
4. Make sure your furnace is checked and in good working condition before turning it on for the season.
5. To store your lawn mower for the winter, drain the gas from the fuel tank and add storage conditioner. Also drain the old oil from the crankcase and add new oil.
6. Now that day light savings time has ended, be sure you are more cautious while driving as it will be darker sooner and a child could dart in front of you.

REMEMBER TO VOTE ON NOVEMBER 2, 1982!!

-over-

Morrow Junior Women's Club P.O. Box 653 Morrow, Ga. 30260

Coke

Lake Harbin Elementary's Shoplifting Prevention Workshop attracted several guest speakers. Shown L-R are Morrow Jr. Woman's Club President Jayne Troy, Lt. Jim Baker and Sgt. Ed Skelton from the Clayton Sheriff's Department, and Lake Harbin PTA President Judy Helms.

Lake Harbin Elementary Fights Shoplifting War

The Lake Harbin Elementary PTA devoted the month of November to Shoplifting Prevention. Local merchants worked to convince students that shoplifting is not worth the risks. The theme was S.O.A.P., Shoplifting Offends All People.

Lt. Jim Baker and Sgt. Ed Skelton from the Sheriff's Department came to a workshop as speakers and also brought a slide presentation.

The PTA compiled a teacher's work guide which included a survey, a quiz, and some activities for students. Judge Martha Glaze from the Juvenile Court spoke with the 4th; 5th , and 6th grades about what happens when children come before her after shoplifting.

During the November PTA Meeting Miss Wood's 3rd grade class presented a skit about shoplifting. Ms. Judi Rogers, a Clayton resident and Executive Director of the National Coalition to Prevent Shoplifting, was the guest speaker.

The Morrow Jr. Women's Club sponsored an essay contest for the 5th and 6th grades. Jane Young, Head of Public Affairs for the Women's Club, presented the awards for the essay contest at the PTA Meeting. Winners were Brian Carberry, 5th grade and Kim Albro, 6th grade.

Also held was a poster contest for all grade levels with prizes donated from local participating merchants. Posters were judged by a committee from the Morrow Jr. Women's Club. These prizes were awarded at the PTA Meeting: first grade, Jay Gonnella, prizes donated by Food Giant; second Grade, Trina Pemberton, prizes donated by McCrory's; third grade; Jason Thomason, prizes donated by Gorham's Jewelry; Danielle Leavill, prizes donated by K's Needlework; fifth grade, Stephen Dickerson, prizes donated by J. C. Pool Supplies; and sixth grade, Chuck Kirby, prizes donated by Lake Harbin Pharmacy.

Additional prizes were donated by Lovins Furniture and Loran's Florist. Every student who participated in either contest received a certificate or appreciation coupon.

Poster and essay winners are pictured. Back row L-R are Chuck Kiby, Danielle Leavell, Kim Albro, Jason Thomason, Jane Young from the Morrow Jr. Women's Club and Brian Carberry. L-R front row are Trina Pemberton, Jay Connella and Stephen Dickerson.

Members pf the S.O.A.P. (Shoplifting Offends All People) committee L-R were Betty Owens, Candy Steele, Judy Helms and Jayne Troy. The committee developed a month long program at Lake Harbin Elementary School.

Morrow Junior Women's Club Is Civic, Social

Sun Lifestyle

By TERESA GREER

Clayton County has many civic groups and many county citizens belonging to one or more of them. So what makes the Morrow Junior Women's Club different?

"I think it's a very unusual civic club in that everyone contributes," said charter member Virginia Cheeks. She added that there are very few in the club who are members in name only.

"It's such a wide range of interests," said treasurer Linda Haralson. "It's a very varied group of ladies. We all work very well together."

"There seems to be a genuine caring about other members, particularly when there's trouble," said Carol Hatfield, second vice president of the club. "And there's a strong sense of caring about the individual. Because we are part of a statewide system, it tends to be a little more organized and you don't talk about doing things, you do them."

President Oversees Activities

Janie Griffin (left), 6th District President of the Georgia Federation of Women's Clubs, watches with Connie Taylor (right) of the Morrow Junior Women's Club the activities going on at the 6th District meeting hosted recently by the Morrow Club at Clayton Junior College. (SUNphoto by Teresa Greer)

The Morrow Junior Women's Club, now in existence for 21 years, is part of the Georgia Federation of Women's Clubs and the General Federation of Women's Clubs on the national level.

SINCE ITS beginning in 1962, the membership has changed from largely a group of civic-minded homemakers to about 80 percent career women, many of them teachers.

"The membership change, I would say, is the biggest change," Mrs. Cheeks said. She also said that the group has become more involved with service projects in the city and county.

According to Mrs. Hatfield, the club, now listing about 31 members ranging in age from about 25 to 50 and older, used to consist mostly of Morrow residents. That is no longer the case. Membership is now drawn county-wide.

The purpose for the club is probably tri-fold — community service, friendship, and educational programs.

As part of the community service activity of the group, committees work in the six "departments" of the Georgia Federation — conservation, public affairs, fairs, the arts and education.

"Over the years we've worked in all categories," Mrs. Hatfield said.

This year, the club is working in conservation, public affairs, home life and education. One of the conservation projects planned is participation in the upcoming Dump Truck Strut organized by the Clayton Clean and Beautiful campaign.

LAST YEAR the club worked in public affairs by sponsoring a political rally which drew visits from state candidates, and in education by continuing to award a scholarship to a woman 25 years old or older who is returning to school at Clayton Junior College.

"We had heard that there was a need for monies for women returning to school," Mrs. Hatfield said.

In the home life category last year, club members participated in Cancer Study II, delivered Meals-on-Wheels, collected donations for the Morrow Food Pantry and sponsored club activities such as a gourmet group, mother-daughter tea, Easter egg hunt and trips to the Center for Puppetry Arts for children of members.

"We distributed over 3,500 pamphlets to fourth, fifth and sixth graders on safety tips for parents of "latch-key" children, Mrs. Haralson added.

In the public affairs category, the club also works each year with the Morrow beautification campaign which awards two homes in the city for having the best-kept yards, and the club recently helped in Morrow's recertification campaign by supplying five of the campaign's committee chairpersons and by supplying door-to-door volunteers for a city-wide survey.

The club was one of the first civic groups in the county to give its support to the development of Reynolds Nature Preserve and was instrumental in the creation of the Morrow branch of the Clayton County Library System.

THE CLUB also supports the major projects of the Georgia Federation such as the Penny Art Fund which annually awards two scholarships in the visual and performing arts, and the funding of the Tallulah Falls School for children who "need a special place to be," which the Georgia Federation owns.

The club is now collecting books for the school.

The club also enjoys monthly educational programs at the meetings, programs which are distributed evenly among the "departments." Last year's programs included a Georgia State University professor speaking on how to enhance a pre-schooler's desire to read, a CPA speaking on tax law and I.R.A.s, county Extension Agent Kathy Wages discussing time management, a member of the county Drug Squad talking about the types of drugs prevalent in the schools, District Attorney Bob Keller explaining the jury selection process and Ruth Theodocian discussing color and its use in clothing and cosmetics.

Usually the county legislators are invited to the January meetings to discuss upcoming state legislation, although plans were changed this year because of the large amount of political activity in which the club had already been involved in 1982.

Legislature Observes Federation Day

The Georgia General Assembly observed a Georgia Federation of Women's Clubs day at the state capitol which the members of the Morrow Junior Women's Club attended. Pictured at the legislature are (front row, from left) Jane Young, Jenny Coughlan, Carol Hatfield, Judi Rogers who is active in the state Federation, Barbara King, Glenda Slaughter, Jane Smick; (back row, from left)Rep. Ed Holcomb, Sen. Terrell Starr, House Speaker Tom Murphy, Rep. Rudolph Johnson, Rep. Jimmy Benefield, Rep. Bill Lee and Rep. Frank Bailey.

THE FRIENDSHIP aspect of the club includes family-oriented activities that are planned each year. The club maintains a "secret sister" activity and has a club relations chairperson to plan parties and showers.

One of the club's fundraising projects is a 1979 cookbook, "Morrow Favorites," which is still in print.

The Morrow group supports the Federation in its legislative support platform, which this year consisted of support of an equal enforcement law for DUIs, support of the child restraint law for automobiles, support of family violence shelters and interstate child support collections and other measures.

THE CLUB, open to any woman in the community who is a registered voter, recently hosted at Clayton Junior College one of two 6th District Federation meetings. The Morrow group received two first place awards for projects ion the home life and public affairs departments.

Two of the group's members also received individual awards and will be eligible for awards at the April 25-27 state convention in Augusta. Jayne Troy, club president, was honored as Club Woman of the Year and Carol Hatfield was named Good Citizen of the Year for the district.

Mrs. Haralson emphasized that the group is more than a civic group, more than a social group.

"It's a good blending of the two," she said.

ESSAY CONTEST

Sponsored by the Morrow Junior Woman's Club, in association with the Lake Harbin P.T.A.

ESSAY TOPIC: SOAP - Shoplifting Offends All People.

PARTICIPANTS: 5th or 6th grade students at Lake Harbin Elementary School.

AWARDS: $10.00 for the best 5th grade essay.
$10.00 for the best 6th grade essay.

RULES:
1. Essay is to be at least one notebook page, single spaced, and not more than 1½ pages in length.
2. The topic, SOAP. It should include some specifics about shoplifting in the Morrow area, such as how it affects local merchants, consumers, and the area economy.
3. Although content will be the primary factor during judging; legibility, spelling and grammer will also be considered as essential for a good essay.

DEADLINE: Essays are to be turned in to the school secretary by 3:00, Friday, November 12.

JUDGING: Essays will be judged by the Morrow Junior Woman's Club.

PRESENTATION OF AWARDS: Awards will be presented to winners at the November 16, P.T.A. meeting at Lake Harbin Elementary School.

Committment

Clayton Womens' Clubs Gather For Celebration

By CAROL WILLEY
Staff Writer

Clayton County womens' clubs in Morrow Forest Park and Jonesboro enthusiastically combine their genteel beginnings with a growing committment to active involvement in the community.

Membership in the three clubs continues to grow and now includes professional women as well as full-time homemakers.

The Georgia Federation of Womens' Clubs 6th District Spring Meeting held earlier this month brought Clayton clubwomen out in full force to celebrate the happy blending of tradition and involvement.

The event hosted by the Morrow Junior Woman's Club at Clayton Junior College this year was an impressive success with clubwomen from throughout Georgia attending.

The program—which included entertainment an awards ceremony and ample opportunities for socializing—marked the end of the Womens' Clubs' 1982-83 year and the beginning of a new year of community involvement.

In Clayton membership in the clubs is growing. The Morrow Junior Woman's club was cited for a dynamic increase in membership at the meeting, winning the silver award in membership for a grwth of 32 members this year.

Membership in the tree clubs totals nearly 100 including carter members who have been active in the various clubs for more than 25 years.

An interest in traditional homemaking arts such a quilting and crochet is still fosterd in the clubs which offer wide-ranging community oriented programs.

Clayton Clubwomen can be found visiting the elderly and needy aiding in such programs as Meals on Wheels.

The Morrow Junior Woman's Club also promotes political awareness sponsoring a rally ever even year for public officials who are up for election.

Staff Photo By Robert Jackson

(L-R) LINDA HARRELSON, PEGGY PRUETT, MARY ANN MacLANE AND CONNIE TAYLOR REPRESENTED MORROW
The Morrow Club Hosted The Event Which Marked The Beginning Of A New Year Of Community Involvement

Staff Photo By Robert Jackson

(L-R) LILLA COGGINS, PEGGY PRUETT AND SANDY WADDELL LOOK AT QUILTS DURING WOMEN'S CLUB MEETING
The Sixth District Spring Meeting, Held At Clayton Junior College, Brought Clubwomen Out In Full Force

Staff Photo By Robert Jackson

BOB TAYLOR, DIRECTOR OF STUDENT ACTIVITIES AT CLAYTON JUNIOR COLLEGE, HELPED PREPARE FOOD
(L-R) Taylor And Connie Taylor Talk To (R) Publicity Chairwoman Vivan Rice At The Event At Clayton

Hostess
Morrow Junior
Woman's Club

State
Officers and
Department
Chairman

Club Members

Voting
Delegate

District
Officer

Staff Photo By Robert Jackson

CERTIFICATES WERE PRESENTED TO MORROW CLUB MEMBERS (L-R) JAYNE TROY, CAROL HATFIELD, JANE YOUNG, PEGGY PRUETT AND MARTI PETERSON

The Morrow Junior Woman's Club Was Cited For A Dynamic Increase In Membership And Were Presented With The Silver Award For Membership

Staff Photo By Robert Jackson

ELANOR GURLEY (L) WON SECOND PLACE FOR CROCHETING

Frances Stephenson Of Jonesboro Was First Place Winner

Morrow Club Receives Awards

Members of the Morrow Junior Womens Club recently received silver awards and certificates in competition sponsored by the Georgia Federation of Womens Clubs, 6th District. The district meeting took place recently at Clayton Junior College. Pictured with their awards are (from left) Morrow President Jayne Troy, awarded as District Club Women of the Year; Second Vice President Carol Hatfield, Outstanding Citizenship Award; Home Life Chairman Peggy Pruett, first place in Home Life and the Family Living Award; and First Vice President Marti Peterson, Increase in Membership certificate. (SUNphoto by Teresa Greer)

Citation

Awarded to Morrow Junior Woman's Club

FOR

Flying High With New Ideas

Citizenship

Junior Highlights
Augusta Georgia
April 25, 1983

Installation
1983

GWEN GRAYSON
City Cleanup Set

Morrow City Council To Sponor Annual 'Clean-Up, Fix-Up' Week April 11-15

By PAT MURDOCK
Staff Writer

It's that time of year again as Morrow residents break out the rakes, lawn mowers, paint brushes and hammers to get their homes ready for spring, during the annual "Morrow Clean-Up, Fix-Up," according to City Councilwoman Gwen Grayson.

Mrs. Grayson said the event, scheduled from April 11-15, is sponsored by the city council to encourage residents to "beautify" the community.

"We do it every spring and we try to plan it when the flowers are in bloom," Mrs. Grayson explained.

Special city trucks will be rolling through neighborhoods to pick-up articles which are not normally collected by regular garbage collectors, she remarked.

Junked items such as old furniture or appliances will be picked-up by the trucks as well as yard debris such as tree limbs or leaves, Mrs. Grayson noted.

Mrs. Grayson said residents are cooperative and enthusiastic about the annual event which has been held for approximately the last six years.

"Every spring I see a lot of people out working," she noted, "and I think more people have become aware of the program."

"Interest in the program has increased every year," Mrs. Grayson added.

At the end of the week's clean-up, two representatives from the Morrow Junior Women's Club will canvas the neighborhoods and select a first and second place winner for the two best kept yards, Mrs. Grayson said.

Winners will be announced at the April 26 city council meeting, she explained, with plaques to be awarded later.

In past clean-up weeks, Mrs. Grayson said trucks have hauled up to 30 loads of debris from city neighborhoods.

In her perception, Mrs. Grayson said, the littering within the city limits has decreased as compared to past years.

Projects such as the annual fix-up, clean-up have probably helped as well as the city's $100 fine, she wryly noted.

WEDNESDAY, MARCH 30, 1983

Morrow City Council To Sponor Annual 'Clean-Up, Fix-Up' Week April 11-15

By PAT MURDOCK
Staff Writer

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CYSTIC FIBROSIS FOUNDATION

PRESENTS THIS

Community Service Gold Award

TO

Morrow Junior Woman's Club

IN APPRECIATION OF OUTSTANDING CONTRIBUTIONS IN SUPPORT
OF THE CYSTIC FIBROSIS FOUNDATION.
YOUR COMMITTMENT TO COMMUNITY SERVICE REFLECTS THE
SERVICE AND CARING PHILOSOPHY OF YOUR ORGANIZATION.

Robert K. Dresing
NATIONAL PRESIDENT

JUNIOR CONFERENCE

Georgia Federation of Women's Clubs

CITATION

is presented to

Morrow Junior Woman's Club

(35 and under)

3rd Place Public Affairs Dept.

Linda C. Johnson
Junior Director

Chris Driggs
Chairman

President

April 25, 1983
Date

© GOES 748

LITHO IN U.S.A.

GEORGIA FEDERATION OF WOMEN'S CLUBS

Citation

Awarded to: MORROW JUNIOR WOMAN'S CLUB- 6TH DISTRICT

In recognition of outstanding work

FOURTH PLACE- GEORGIA RETAIL ASSOCIATION AWARD

Mrs. Harold E. Kraft
President, Georgia Federation of Women's Clubs

APRIL 27, 1983
Date

Mrs. R. Lee Oliver, Jr.
State Awards Chairman

THE CLAYTON NEIGHBOR
Saturating Atlanta's Suburbs
NEIGHBOR NEWSPAPERS
WEDNESDAY, APRIL 13, 1983 PAGE 1B

People

Club To Begin Its 21st Year Of Service

By CAROL WILLEY
Staff Writer

Members of the Morrow Junior Woman's Club are preparing to launch a slate of service oriented programs as they begin their 21st year of involvement in the Clayton community.

Staff Photo By Robert Jackson

SANDY WADDELL, HOMELIFE CHAIRMAN FOR THE CLUB, DELIVERS REPORT
The Club Will Focus On Public Affairs, Education And Homelife

Staff Photo By Robert Jackson

JANE SMICK(L) AND CAROL HATFIELD CHAT DURING THE CLUB'S MEETING
The Club Meets Every First Thursday At The Maddox Road Fire Station

The club, which includes professional women as well as full time homemakers, boasts 35 members. The group will meet every first Thursday at the Maddox Road fire station in Morrow to plot a wide range of volunteer activities.

This week the group is launching a glass recycling drive in observance of Keep America Beautiful Week. The effort, explains public relations coordinator Vivian Rice, is part of the club's conservation outreach.

The club, says Mrs. Rice, divides its volunteering efforts into four major areas. These are public affairs, education, conservation and homelife.

Conservation work this year will include such projects as tree planting at Reynolds Nature Preserve in Morrow. In past years, the group has been very involved with beautification efforts sponsored by the City of Morrow.

Public affairs for the Morrow Junior Woman's Club includes a political rally held at Clayton Junior College every even year to provide the Clayton community an opportunity to become better aquainted with public officials up for election.

Homelife activities this year will include work with Clayton's Meals on Wheels Program, special services coordinated in conjunction with the Clayton Unit of the American Cancer Society and involvement in a county health screening drive, says Mrs. Rice.

Also on the agenda is a special "Cooking for Health" series of courses which the group will develop as a nutritional guide for individuals faced with health problems.

Another county-wide "Baby-sitting Clinic" will teach young baby sitters how to deal with potential catastrophy with, among other things, CPR training and instructions in how to answer the telephone.

The club, which promotes educational opportunities within the county, offers a special scholarship each year to women returning to college after years of being away from school.

The scholarship to Clayton Junior College, which is designed primarily to assist students financially, is generally offered winter quarter, according to Mrs. Rice.

One of the most active of the clubs within the Georgia Federation of Womens' Clubs, the Morrow Junior Woman's Club has accumulated a number of accomplishments and accolades over the years.

Last month the club was awarded five of the federation's silver awards for outstanding accomplishments in all areas of volunteer work.

Persons interested in obtaining more information about the Morrow Junior Woman's Club may inquire at 961-1195.

1983-1984

Church Activities Listed—Page 3B

Check Out The Library—Page 8B

Clayton Events Set—Page 10B

People In The News—Page 10B

Staff Photo By Robert Jackson

(L-R) PAT ROBERTSON, MARY ANN MacLANE AND CORRESPONDING SECRETARY CONNIE TAYLOR SOCIALIZE
The Morrow Junior Woman's Club Begins Its 21st Year Of Involvement In The Clayton Community

Staff Photo By Robert Jackson

JAYNE TROY (L) WAS NAMED OUTSTANDING WOMAN, CAROL HATFIELD (C) WAS NAMED OUTSTANDING CITIZEN
Jayne Young, Chairman Of Public Affairs Department Of Sixth District, Honors The Two Morrow Junior Members

Staff Photo By Robert Jackson

JANIE GRIFFIN SAYS HER JOB IS THE PERFECT JOB FOR HER

The Clayton Resident Says Much Of Her Day Is Spent In The Car

Executive Spends Much Of Her Day In Her Car

By CAROL WILLEY
Staff Writer

Clayton's Janie Griffin often spends much of the day in her car.

As American Cancer Society staff executive for the Clayton, South Fulton, Fayette, Henry, Rockdale and Newton County Units, she's frequently on her way to any of those areas where she coordinates fundraising and volunteering.

"Sometimes I think that car has grown to me—I'm generally anywhere from Covington to Palmetto. Usually, I check in everywhere an average of twice a month," she says.

"This is absolutely the perfect job for me—it's something I could do indefinitely," notes Mrs. Griffin, who prior to filling her post with the Cancer Society two and one-half years ago was occupied fulltime as "a housewife and professional volunteer."

"It's just never a dull moment. I'm constantly meeting so many different people—one minute I'm washing dishes and making salad in Covington and the next I'm off to the Geranium Festival in Henry County," she notes.

"The Cancer Society is very lucky in its volunteers. They really accomplish so much—each area has its own approach to fund raising and to coordinating services for cancer victims," says Mrs. Griffin.

"All volunteers need from us is a little support and guidance. You find that they develop their own methods—we count on them," she adds.

In Clayton, she explains, at least one person for every 15 houses is an active participant in the door to door fund raising campaign.

That level of volunteer participation has brought the Cancer Society to its many accomplishments in medical research and in its educational campaigns which are primarily targeted at preventive strategies against cancer.

"We now claim a cure rate for every one in two patients as opposed to every one in five, as it was 10 years ago. I believe some day we'll see a method for controlling cancer." Mrs. Griffin notes.

Besides working as a professional volunteer coordinator, Mrs. Griffin logs considerable hours as a volunteer for the Georgia Federation of Womens' Clubs.

As president of the 6th District, Mrs. Griffin is a traveling volunteer as well as a traveling volunteer coordinator.

Her activities with the clubs, which often participate in fundraising and volunteering in behalf of the Cancer Society, take her from Macon to West Point, Georgia.

She recalls that she first became involved as a member of the Morrow Junior Woman's Club where seven years ago she was one of the members most instumental in instigating the political rally which the club now holds every even year.

"I'm interested in politics and government and involvement with the Federation of Womens' Clubs has been an outlet for that," she explains.

Mrs. Griffin and her husband Jerry, director of Inter-governmental Relations for the Georgia Municipal Association, are the parents of Amy, 10, and Andrew, 8.

They stay involved in local 4-H work whenever possible, she adds. Both were avid 4-Hers while growing up and met as Rock Eagle 4-H counselors.

Scholarship Winner

Jann Collins (left) of Jonesboro, a sophomore nursing student at Clayton Junior College, is the 1983 recipient of the Morrow Junior Woman's Club scholarship award. Club member Sandy Waddell presented the $100 award, provided annually to a female student, age 25 or older, who has returned to or is beginning college.

Morrow Honors Citizens For Yards

The City of Morrow has awarded residents of the municipality for having the best kept yards. (L-R) Attending the presentation were Mary McCrackin, judge; H.T. Turpin, second place; John Ball, first place, Mrs. H.T. Turpin, Mrs. John Ball, Mr. and Mrs. Paul Ashworth, second place; and Julie Heath, judge.

A Safety Tip From The Morrow Jr. Woman's Club

The safety administration concluded from its latest statistics on ALCOHOL that;

— Between 24,000 and 27,000 persons killed each year in crashes had consumed alcohol,

— An additional 700,000 persons injured each year in crashes had consumed alcohol,

— Alcohol is involved in more than 2 million motor vehicle accidents each year,

— Alcohol-related deaths on the highway account for 55 percent, and

— Alcohol was involved in up to 25 percent of all injury-producing accidents. TIG Brief 3/83

Leadership Clayton Banquet June 9

Ga. Power Exec To Speak

The 1982-83 Leadership Clayton Graduating Class will be honored at a banquet to be held at Clayton Junior College on Thursday, June 9, 1983, at 7:30 p.m. Tickets, at a cost of $10 each, may be reserved by calling Robert C. Bolander (961-3510).

The featured speaker will be Gerald T. Horton, Senior Vice President for Public Affairs at Georgia Power Company. Horton is a graduate of Murphy High School in Atlanta where he lettered in football, track and tennis; and a Cum Laude graduate of Harvard University.

He is currently Chairman of the Georgia Commission on State Growth Policy, a member of the Steering Committee of the U. S. Committee for Energy Awareness, and a member of the Public Information Committee of the U. S. National Commission World Energy Conference.

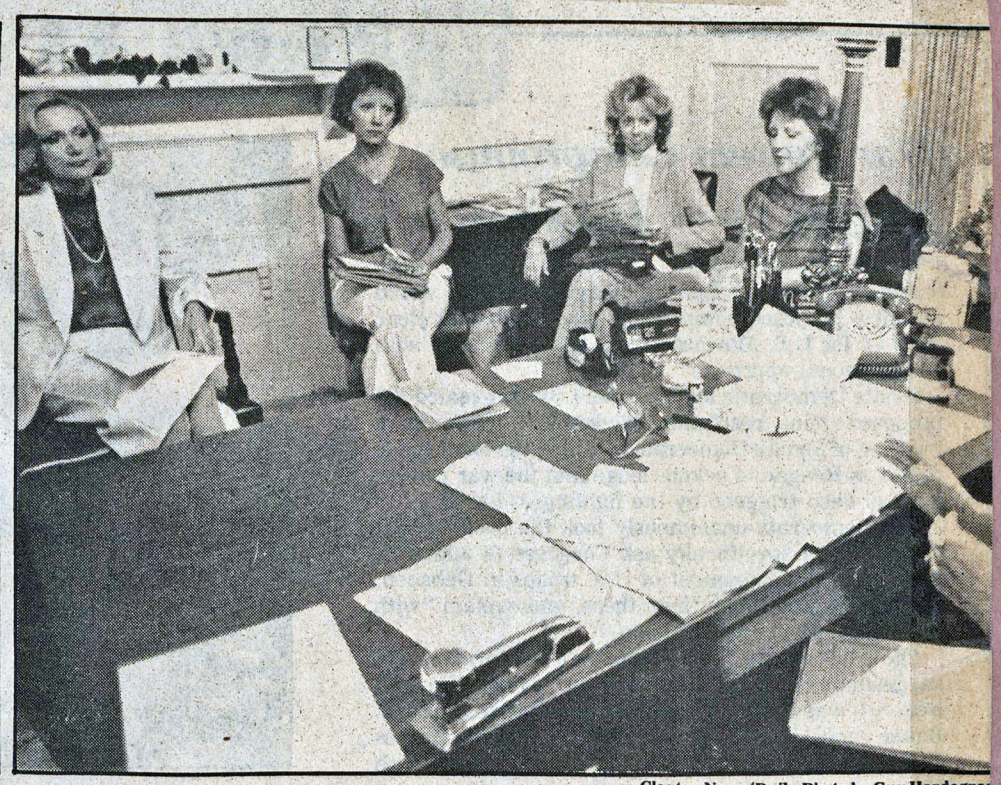
The graduates of the 1982-83 Leadership Clayton Class include: Ronald G. Branch, Georgia Power Company; Marcia B. Cartledge, Clayton Clean and Beautiful; Sandra S. Corder, Clayton County Data Center; William H. Cramer, III, Trust Company Bank of Clayton County; Lee Smith Fincher, Metropolitan Insurance Company; William Joe Harter, Clayton County YMCA; Eugene Adair Hatfield, Clayton Junior College; James Alan Horton, Clayton General Hospital; Janice F. Horton, State Senator; William Douglas Hood, Bank of the South; Lorenzer Troy Jones, Independent Life and Accident Insurance Company; Mary Jane Jones, Clayton County Board of Education; Barbara Gibson King, Clayton Junior College; Jo Anne Massey, Associated Doctors Health and Life Insurance Company; Charles C. McGivern, American Red Cross; Kathryn O'Neill, Trust Company Bank of Clayton County; James Milton Owensby, First National Bank of Atlanta; Margot Stephana Roberts, McAllister & Roberts; Judith Lee Rogers, National Coalition to Prevent Shoplifting; George Tony Sammons, Georgia Power Company; Dolorese M. Shanks, Congressman Newt Gingrich's Office; Kirk L. Smick, Clayton Eye Center; Sandra B. Waddell, Clayton Junior College; Kathy Wages, Clayton County Extension Service.

GERALD HORTON

CLAYTON NEWS/DAILY, FRIDAY, JUNE 3, 1983

Student Leaders Honored

Two Clayton Junior College students have received special recognition for "excellence in student leadership. Here, Robert C. Bolander, dean of students, awards (L) Mary McCracken of Jonesboro and Sharie Helton. Ms. McCracken served as president of the Student Council of Administrators and as president of the College Political Union.



Clayton News/Daily Photo by Guy Hardegree

Making Plans For Cancer Society Salad Day

A planning session was held Tuesday in the office of the Clayton County Unit of American Cancer Society for the annual salad day luncheon which will be held on Friday, Oct. 7, from 11:30 a.m. - 2 p.m. at the Jonesboro First Baptist Church. All proceeds will be used to benefit the local ACS Unit. Left Photo: Bonnie Mitchell, Joanne Massey, Barbara Hunter, Carold Hatfield, Linda Wilkins, Janie Griffin, Shirley Camp, and right photo: Jennie Coughlin, Diane Baker, Barbara Clack and Glenda Slaughter.

Clayton Cancer Unit To Hold Benefit 'Salad Luncheon' Oct. 7

The Clayton County Unit of the American Cancer Society is having a "Salad Luncheon" on Friday, Oct. 7 from 11 a.m. to 2 p.m. at the Jonesboro First Baptist Church in the fellowship hall.

There will be a variety of salads including tosses, fruit, congealed, meat and many other special recipes. The dessert table will be provided by the Southwood Garden Club as the ladies of Southwood intend to make this contribution a yearly project.

The cost of the luncheon is $3 per person, not including drinks or dessert.

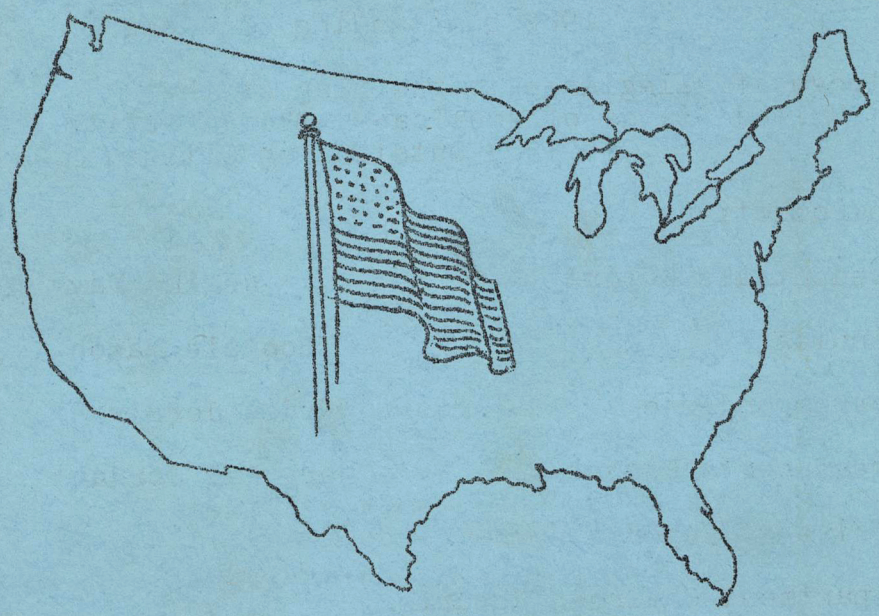
The women participating in the coordination of the luncheon are Glenda Slaughter, chairman; Carol Hatfield, Diane Baker, Linda Berry, Jeannie Conklin, Jo Ann Massey, Gail Hunter, Shirley Camp, Delores Shanks, Bonnie Mitchell, Barbara Clack, Jane Smick and Liz Haynie.

For tickets, persons may call Glenda Slaughter at 471-7940 or Linda Wilkins at 478-3144.

A SAFETY TIP FROM THE MORROW JR. WOMAN'S CLUB:
Statistics indicate that approximately 10 per cent of the drivers on our highways on weekends, between the hours of 7PM and 3AM are legally impaired or drunk. Drunk drivers have difficulty in performing motor skills, have uncoordinated behavior, and have definite impairment of mental faculties, memory, nad judgement. Consequently, drunk drivers make many common errors while operating a vehicle. It is possible to identify a suspected drunk driver and, by deliberate action, evade possible danger.
Common driving mistakes made by drunk drivers:
* Turning in a wide radius
* Straddling the center or lane marker
* Weaving and swerving
* Driving on other-than-a-designated roadway
* Slow speed (more than 10 mph below limit)
* Stopping (without cause) in a traffic lane
* Following too closely
* Braking erratically
* Signalling inconsistent with driving actions
* Slow response to traffic signals
* Accelerating or decelerating rapidly
* Driving with headlights off.
As a Club interested in the Community (County) and its Citizens, we urge:

Georgia Federation of Women's Clubs

AMERICA THE BEAUTIFUL



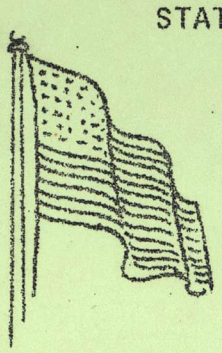
STATE EXECUTIVE BOARD MEETING

JUNIOR CONFERENCE EXECUTIVE BOARD MEETING

MACON, GEORGIA

SEPTEMBER 29, 1983

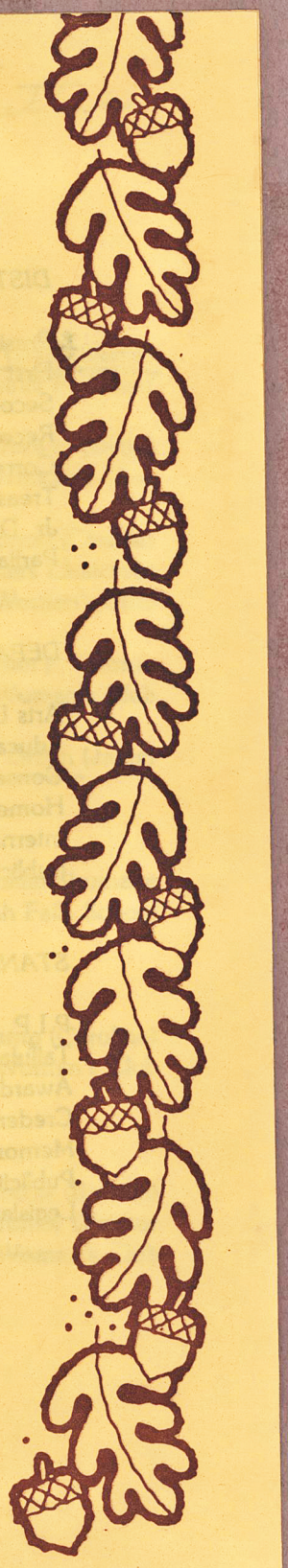
STATE EXECUTIVE BOARD



Jayne Troy

Morrow Jr. W.C.

GEORGIA FEDERATION OF WOMEN'S CLUBS
6th DISTRICT



FALL MEETING

OCTOBER 8, 1983

FORSYTH, GEORGIA

District Nom. Committee

DISTRICT OFFICERS

President - Mrs. Jerry R. Griffin (Janie)
First Vice President - Mrs. Russell Lowery (Connie)
Second Vice President - Mrs. Billy Johnson (Jewell)
Recording Secretary - Mrs. Ralph Rice (Rachel)
Corresponding Secretary - Ms. Sandy Waddell
Treasurer - Mrs. Roy Hope (Katy)
Jr. Director - Mrs. Doyle Collins (Brenda)
Parliamentarian - Mrs. James W. Stanford (Barbara)

DEPARTMENT CHAIRMEN

Arts Department - Mrs. Lee Pfrogner (Bonnie)
Education - Mrs. Edward Trice (Frances)
Conservation - Ms. Patsy Smith
Home Life - Mrs. Rex Camp (Caroline)
International Affairs - Mrs. Fred Hutchins (Johnnye)
Public Affairs - Mrs. Charles A. Thomas (Charlie)

STANDING COMMITTEE CHAIRMEN

P.I.P. - Mrs. James W. Lawhon (Myrtle)
Tallulah Falls - Mrs. James A. Robinson, Jr. (Kay)
Awards/Properties - Mrs. Mary Guth
Credentials - Mrs. Marcia Davis
Memorials - Mrs. Hubert Lanford (Kathryn)
Publicity - Mrs. Tommy Mike (Kathryn)
Legislation - Mrs. Eugene Hatfield (Carol)

PROGRAM

Call to Order-	Mrs. Jerry R. Griffin (Janie) Sixth District President
Invocation-	Mrs. W. E. Neisler (Betty) Forsyth Woman's Club
Pledge to the Flag-	Mrs. Charles A. Thomas (Charlie) Public Affairs Chairman Carrollton Jr. Woman's Club
Welcome-	Dr. Susan P. Conner President, Forsyth Woman's Club
Introductions-	Mrs. Jerry R. Griffin (Janie)
Business	
Program-	Dr. Franklin Shumake President, Tallulah Falls School
Announcements	
Invitation to Spring District Meeting	Mrs. Rex Camp (Caroline) President, Villa Rica Junior Woman's Club
Door Prizes	
Blessing-	Mrs. Doyle Collins (Brenda) Junior Director Villa Rica Junior Woman's Club
Luncheon	

Oh What A Parade

Clayton Clean And Beautiful Officials Are Calling

By DONNA SPARROW
Staff Writer

Clayton Clean and Beautiful officials say that Saturday's Dump Truck Strut parade and clean up day proved to be a very successful activity for the county.

Awards were given at the close of the festivities in eight categories for the parade entries and overall for the winners of the Strut Contest.

The biggest prize, however, was for the winner of the art contest for children in grades one through six.

Winning the contest and the prize—two tickets to anywhere on Eastern Airlines—was Anthony Alexander, a fourth grader from Oliver Elementary School.
a younger sister, Amy.

Three local dance groups entered the Strut Contest, and the Kickin' and Grinnin' Cloggers won for their dance which, judges decided, best exemplified a "strut."

Also entering the Strut Contest were the Dixieland Cloggers along with a group of tap dancers, known as the Street Cleaners, from the Dance Academy of Riverdale.

The McDonald Toy Company donated a rocking horse to the smallest child attending the parade who could say, "I am keeping Clayton clean and beautiful."

The winner of the rocking horse was Traci Thompson, 4, the daughter of Rick and Barbara Thompson, of Morrow.

The "Big Mac" award went to Cub Pack 961 for their entry which best exemplified the parade's theme.

WEDNESDAY, OCTOBER 26, 1983

Saturday's Dump Truck Strut Successful Event

The best civic organization award, "Spirit of Clayton County," went to the Jonesboro Women's Club and the "Cleaner" award went to the Morrow Junior Woman's Club.

The "Colonel's Commendation," for the best commercial entry, was awarded to Eastern Airlines and the Dance Academy of Riverdale, two groups that collaborated on a parade entry.

The "Clean Can" award for the best entry from a housing subdivision went to the Kenyon Trace subdivision, and the "Nature's Best Friend" award went to Girl Scout Troop 588.

The "Clean Up Your Act" award, for the entry with the most original slogan, went to the "Gone With The Wind" Chapter of the American Business Women's Association for their slogan—"Scarlet says, 'think about litter today, not tomorrow.'"

In the elementary school category, first place went to Church Street Elementary School and second place went to Swint Elementary School.

Let's Celebrate!
—At—
The 1st Annual
Dump Truck Strut Parade
Saturday, Oct. 22, 1983 at 9:00 a.m.
SOUTHLAKE MALL AREA
Sponsored by: Clayton Clean & Beautiful
COMPLIMENTS OF BANK OF THE SOUTH

Library Donation

Members of the Morrow Junior Woman's Club recently donated a copy of the book, "The Light In The Mountain," the story of Tallulah Falls School which is supported by the Georgia Federation of Women's Clubs. Mary Kraack, left, club member, made the presentation to librarian Phyllis McNabb. The club donated the book in honor of it's president, Jayne Troy.

LANNA SWINDLER/Staff

ADAPTING: Dietitian Sharon Jensen (left) and class member Margaret Guice.

Here's a heart-felt diet

□ HEART FACTS 8F

By Jean Thwaite
Food Writer

Starting a diet is hard to do and never fun.

After all, it means giving up home-baked breads, comforting casseroles and all desserts. Well, not necessarily.

Anyone who follows the "prudent diet" recommended by the American Heart Association will learn to adapt favorite recipes so that they are better for you but still taste good. The key is to first choose foods low in cholesterol, saturated fats and sodium.

The following Heart Association dietary recommendations may sound complicated at first, but they are designed to reduce the fat in the foods we eat:

■ Adjust your caloric intake to reach and maintain ideal body weight. That simply means if you are overweight, you've got take off some pounds. Most of us need to that anyway.

■ Reduce your total fat intake to 30 to percent, especially saturated fats and chole terol. Saturated fats and cholesterol are an mal fats — the fat on a well-marbled steak, the yolk of an egg and in homogenized mil for example. Cholesterol collects as fatty su stances on artery walls, much like rust build up in water pipes, causing the heart to bea harder. It eventually can block the arterie and induce heart attacks.

■ Increase your intake of polyunsaturate fats to 10 percent of the day's total by usin liquid vegetable oils and margarine mad from soybeans, corn or safflower.

■ Eat more carbohydrates and fiber de rived from vegetables, fruits, whole grain an enriched breads and cereals.

■ Avoid excessive sodium in the die Look for the word "sodium" rather than "salt

to save lives

on food labels when shopping. Many products list the amount of sodium present, and many others contain no sodium at all.

If all this sounds like gobbledygook, don't worry. Thanks to a cooking course developed by the New York Heart Association, men and women all over the country are learning how to adjust their eating and cooking to conform rather painlessly to the recommendations. "The Culinary Heart's Kitchen Course" includes recipe modifications, smart shopping and sensible eating and has an exeellent slide presentation to accompany it.

The course, sponsored by the Morrow Junior Woman's Club, was offered in Jonesboro in the fall with Sharon Jensen, a registered dietitian, as the instructor. The class was small but Mrs. Jensen felt it was worthwhile. "I think they all got something out of it, particularly

See HEART 8F ➡

Heart

FROM 1F

about cooking. The last session they all brought food made from recipes they had modified."

The course will be offered on three consecutive Tuesdays in Macon beginning Tuesday, Feb. 21. Classes will be held from 7 to 9 p.m. in the conference room of the State Farmers Market on Eisenhower Parkway. Classes are free and reservations are not necessary.

According to Charles P. Taylor, program director of the American Heart Association, Georgia Afilliate, about 28 of the courses have been purchased throughout the state where it is being used in coronary care units and for cardiac rehabilitation. It can be ordered directly by sending a check for $95 made out to the New York Heart Association to: Culinary Hearts Kitchen, New York Heart Association, 205 East 42 Street, New York, N.Y. 10017.

Garden Club Installs Officers

The Forest Park Garden Club installed new officers Friday. (L-R) New officers are Miriam Harrington, recording secretary; Estelle Bell, treasurer; Peggy Pruett, president; Heather Griffin, vice-president; and Bonnie Mitchell, corresponding secretary. (Staff Photo By Jean Jones)

1983-1984

Sixth District
Georgia Federation of Women's Clubs

Achievement Award

Morrow Junior Woman's Club

is awarded this citation in recognition of their outstanding work in the

The Villa Rica Junior Woman's Club Family Living Award

Mary Dutt, Awards Chm.

Mrs. Jerry R. Griffin
PRESIDENT

1983-1984

Sixth District
Georgia Federation of Women's Clubs

Achievement Award

Morrow Junior Woman's Club

is awarded this citation in recognition of their outstanding work in the

Home Life Department

1st Place

35 & under membership

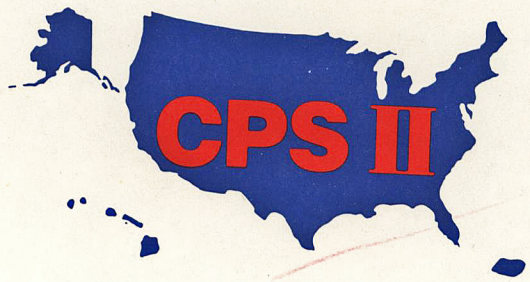
Carolyn Camp

Mrs. Jerry P. Griggs
PRESIDENT

Certificate of Appreciation
to

MORROW JUNIOR WOMAN'CLUB

for continuing services as a volunteer
in the American Cancer Society's
Cancer Prevention Study II.



William J. Taylor MD
President
American Cancer Society
1983

Wesley Johnson
Division Chairman
Cancer Prevention Study II
1983

AMERICAN CANCER SOCIETY®

Sixth District
Georgia Federation of Women's Clubs

Achievement Award

Morrow Junior Woman's Club

is awarded this citation in recognition of their outstanding work in the

Public Affairs

1st Place 3-12-83

35 & under membership

Charlene C Thomas

Mrs. Jerry P. Griffin
PRESIDENT

Sixth District
Georgia Federation of Women's Clubs

Achievement Award

MORROW JUNIOR WOMAN'S CLUB

is awarded this citation in recognition of their outstanding work in the

PENNY ART COMPETITION - SPONSOR. 1st PLACE WINNER

STUDENT - KARL BOYCE

MARCH 12, 1983

Bonita L. Glogner, District Arts Chr.

Mrs Jerry L. Griffin
PRESIDENT

Sixth District
Georgia Federation of Women's Clubs

Achievement Award

MORROW JUNIOR WOMAN'S CLUB

is awarded this citation in recognition of their outstanding work in the

100% ACHIEVEMENT GOAL SHEET

1982-83

Mrs. Jerry R. Yi
PRESIDENT

CYSTIC FIBROSIS FOUNDATION

PRESENTS THIS

Community Service Gold Award

TO

Morrow Jr. Woman's Club

IN APPRECIATION OF OUTSTANDING CONTRIBUTIONS IN SUPPORT OF THE CYSTIC FIBROSIS FOUNDATION.
YOUR COMMITTMENT TO COMMUNITY SERVICE REFLECTS THE SERVICE AND CARING PHILOSOPHY OF YOUR ORGANIZATION.

Robert K. Dressing
NATIONAL PRESIDENT

JUNIOR CONFERENCE

Georgia Federation of Women's Clubs

CITATION

is presented to

Morrow Juniors

35 & under

2nd place Conservation

Linda C. E. Johnson
Junior Director

Cheri Griggs
Chairman

President

April 30, 1984
Date

© GOES 748

LITHO IN U.S.A.

In Appreciation

To

Morrow Junior Women's Club

We are grateful for your kindness to the patients at Clayton General Hospital.

Thank you for your donation of story books to our pediatric patients.

Lona L. Brown

Notary Public, Georgia, State at Large
My Commission Expires April 30, 1988

January 1984

Sixth District
Georgia Federation of Women's Clubs

Achievement Award

Morrow Jr. Woman's Club

is awarded this citation in recognition of their outstanding work in the

Home Life Department

1st Place, 3-10-84

35 & under membership

Carolyn Camp

Janie Griffin
PRESIDENT

Sixth District
Georgia Federation of Women's Clubs

Achievement Award

Morrow Jr. Woman's Club

is awarded this citation in recognition of their outstanding work in the

Villa Rica Jr. Woman's Club Family Living Award

3-10-84

Mary Ruth, Awards Ch.

Janice Griffin
PRESIDENT

Sixth District
Georgia Federation of Women's Clubs

Achievement Award

Morrow Jr. Woman's Club

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Villa Rica Jr. Woman's Club Family Living Award

3-10-84

Mary Ruth, Awards Ch.

Janice Griffin
PRESIDENT

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Janie Griffin
PRESIDENT

AMERICAN CANCER SOCIETY®

GEORGIA DIVISION, INC.

Presents A

CERTIFICATE OF APPRECIATION

to

MORROW JUNIOR WOMAN'S CLUB

In grateful acknowledgement
of outstanding service
to the cause of cancer control
during the
American Cancer Society's
Annual Education-Funds Crusade

1984
Date

Wesley Johnson
Unit President