

WEEK 3:



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WEEK 3: QUARANTINE BOOKS & PODCASTS!

Hello Laker Family!

The Auxiliary Services staff will provide you with some great books and podcasts that we think you should check out! :)

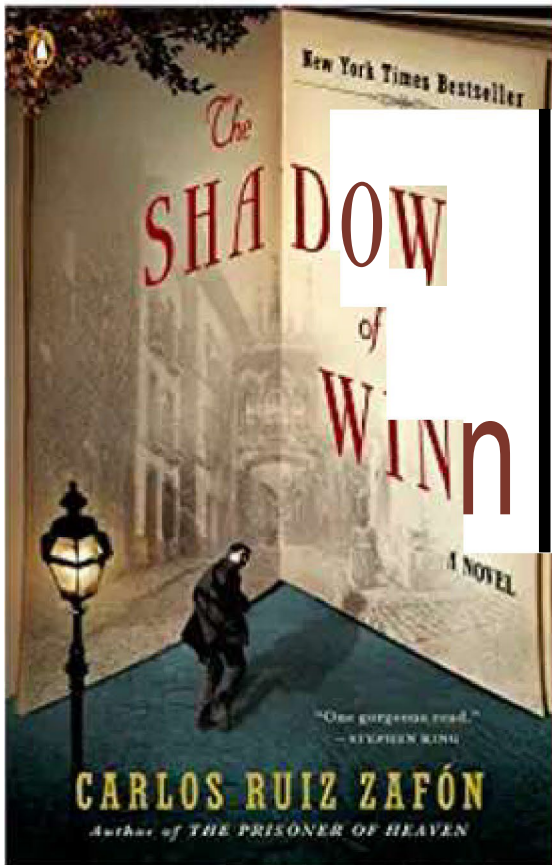


THE QUARANTINE LIFE



JULIE RECOMMENDS...

"The Shadow of the Wind" by Carlos Ruiz Zafon



My submission for the Quarantine Book List is *The Shadow of the Wind* by Carlos Ruiz Zafon. This is a beautifully written novel that has all the elements necessary to transport you to another place and time. One that doesn't include Teams meetings and toilet paper shortages! Set in Madrid, Spain, the city isn't just a backdrop to the story; it becomes a character in the plot; full of life and mystery. This story includes romance, mystery, history, and even a little supernatural propensities. This book has the dichotomous power to suck you into the narrative and have you burning the midnight oil to see what happens next, while simultaneously hanging onto to each poetically crafted sentence and hoping that the story doesn't end. I have to **give a** big shout-out to Charles Read for sharing this book with me. It was everything he promised. Enjoy!

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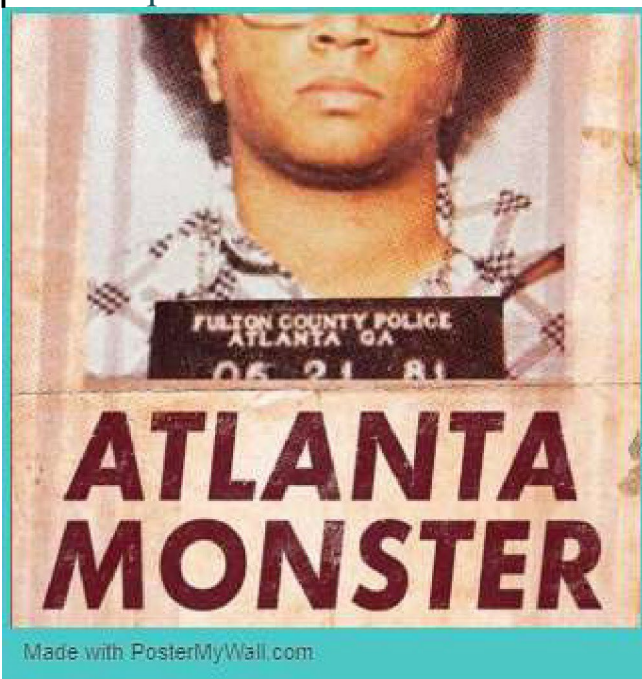


"Atlanta Monster" Podcast

It's 11pm. Do you know where your children are?

If you lived in Atlanta in the late-70's and early 80's, you likely remember hearing Monica Kaufmann ask this question every evening on the channel 2 news. At the time I was in my early teens and heard a lot about a man named Wayne Williams and about Atlanta's missing and murdered children, but I didn't really understand the impact of it all. Williams is serving life in prison for the murder of two adults and he's believed to be responsible for the murders of most of the children, but he was never tried for the children's murders. The podcast Atlanta Monster takes an in-depth look at the investigation and the questions that continue to linger.

Link: <https://atlantamonster.com/>



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TRINELLE RECOMMENDS...

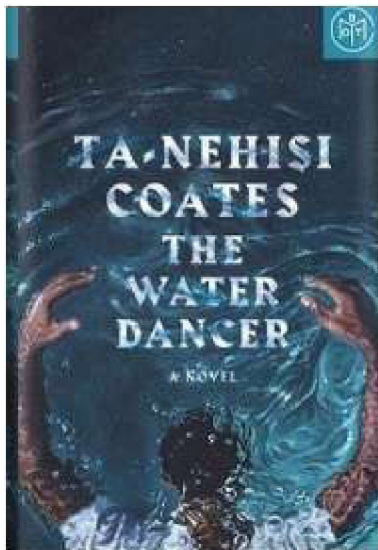
"The Water Dancer"

by Ta-Nehisi Coates



Need a good quarantine read? Not much of a reader but love a great story-telling experience? I have the pick for you! As a matter of fact, even Oprah loves his one.

"The Water Dancer" by Ta-Nehisi Coates, is a great read for males or females. Hiram is a character who will grab your heart in the first chapter! It's full of love, hate, confusion, hard work, betrayal, rescue, loss, suspense, curiosity, fun times of old... If you are an Audible lover, it's even BETTER because it's narrated by the attention-grabbing, powerful voice of Mr. Joe Morton from the show Scandal (yes, Papa Pope!) You will not be disappointed; a real page-turner.



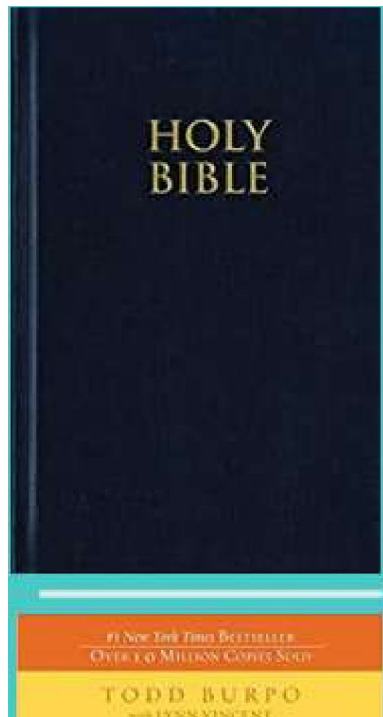
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"The Holy Bible"
and also

"Heaven is For Real"
by Todd Burpo with
Lynn Vincent

Since we've been in quarantine, I now have a bit more time in my day to read more. I've been really enjoying my t[me reading these books during the quarantine! These books are both great reads!

Heaven is for

A Little Boy's Astonishing Story of His Trip to Heaven and Back



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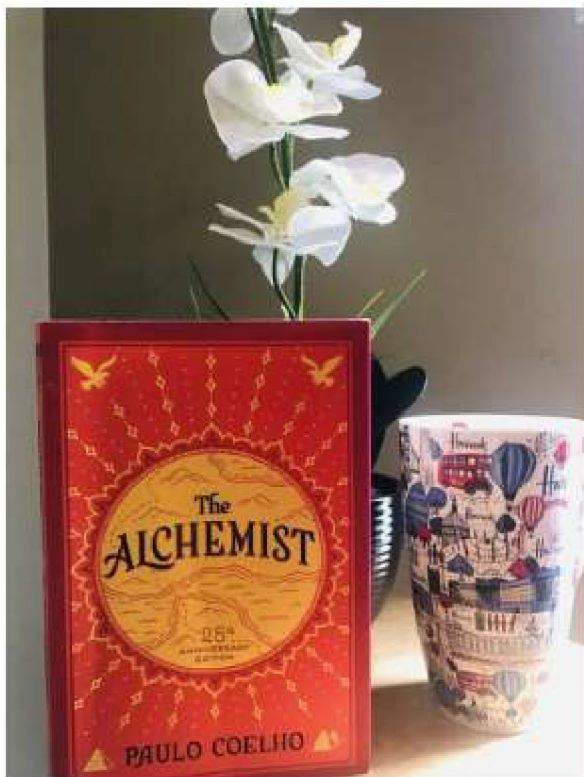
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**ROSA
RECOMMENDS...**



"The Alchemist"

by Paulo Coelho

Have you ever read a book that makes you want to chase your dream?

Well this book will do just that! This novel is about a young shepherd named Santiago who goes on a journey to realize his dream or "Personal Legend" as it states in the book. This book inspires you to fulfill your goals and to never give up on your dreams no matter the obstacles that life presents us. If you are lacking motivation in achieving your goals. pick up this book! I'm sure it'll get you back on the right track!

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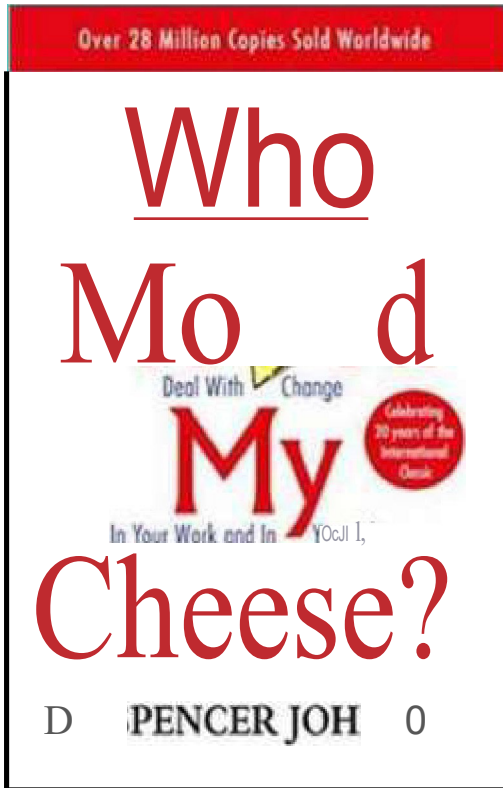
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"Who Moved My Cheese?"

by Dr. Spencer Johnson

Over 28 Million Copies Sold Worldwide



This book uses 'cheese' as an analogy for many of the things that many of us often spend most of our time chasing after. i.e. success, relationships etc I enjoyed how the book uses the characters in the book chasing after the "cheese" to give examples of how important it is to not get too comfortable and always be ready to adapt to the changes that life may throw at you. I highly recommend for this book!

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STEPHANIE RECOMMENDS...

"Business S.H.E.T."

Podcast

I've been so busy these days that all I can do is look at a 'book' To feed my craving for knowledge, I like to listen to a podcast by Mimi Garcia. Her Business S.H.E.T. Mimi Garcia started off as a youtuber and within four years developed her own line of fashion products, founded an online sewing and design school, a multicultural online sewing magazine, and much more. She shares her personal experience as an entrepreneur in the hopes of helping other small business' succeed. Every podcast has an actionable to do list after the discussion which encourages listeners to evaluate the topic and how they can apply it to their business. Her podcast is a great resource to anyone in the world of business. If you have a moment please take a listen. And remember for your business to succeed it must be the SHET: Solve a problem, help your customer get past their current stage, earn respect, and build trust.



Link: <https://www.businessshel.com/>

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