

WEEK 6:



Let's Stop COVID-19

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Home
Stay Safe

**WEEK 6:
THE GOOD, THE BAD,
& THE UGLY OF THE
QUARANTINE LIFE!**

Hello Laker Family!
This week we will give you some insight
into our quarantine life experiences...the
good, the bad, & the ugly!



JULIE'S EXPERIENCE:

The Good: I've been able to exercise regularly. I've been doing workout videos at lunch and running or walking in the evenings. I can now jog 2 miles without stopping!

The Bad: The hardest thing about the shelter in place order has been trying to juggle my responsibilities as an employee with my responsibilities as a mom. Normally, I get to compartmentalize those two roles into different physical spaces but now, I'm all things all the time. I've at least trained my kids not to interrupt my "Cortis Calls" or my "3:00 Covid Calls", LOL!

The Ugly: My inch long gray roots! But hallelujah...! was able to see the hair stylist and my blond is back! Thank the Lord for hair stylists and the magic they perform!

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THE QUARANTINE LIFE

CEDRIC' EXPERIENCE:

Good:

I've enjoyed being able to WALi(to my in-home office! This quarantine has allowed me to bond and spend time with the people I'm stuck with, I meant the people I love ©



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Bad:

I miss going into the office and feeding off of the positive energy from the wonderful ladies of the LakerCard Center ©. Oh, and Norman too!

Ugly:

No gym!!! I may have become spoiled by my in-home office. Cabin fever is a real thing!



STEPHANIE'S EXPERIENCE:

The COVID-19 outbreak has been a stressful time for many, but there has also been some unforeseen perks with staying at home. I've been able to spend more time with my family members, save money, and work on personal goals. Ironically, I didn't realize how much TV I watched until the COVID outbreak. What I hate most about the COVID-19 Quarantine is that I can't greet my family and friends with hugs.:(

SHANEEKA'S EXPERIENCE:

The Good:
Being at home with my family.

The Bad:
Trying to remember what I learned in the 4th and 7th grade in order to teach my children.

The Ugly:
The kids trying to convince me that I am teaching them wrong. My kids' favorite quote: "That's not how my teacher does it".

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THE QUARANTINE LIFE



ROSA'S EXPERIENCE:

Good:

I have enjoyed spending more time with my loved ones! They organized a surprise virtual graduation ceremony for me for receiving my MBA this past weekend! It was an amazing surprise & I thought about how even during a pandemic, they were still able to make my day special for my accomplishment!)

Bad:

I miss interacting with my Clayton State family. I also dislike not being able to see my friends and go out more like I used to.

Ugly:

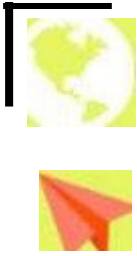
I've had to cancel two trips already! I can't wait to travel again!



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THE QUARANTINE LIFE



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TRINELLE'S EXPERIENCE



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We have many "work nuts" that we run into daily! This is not considered "The Bad" but I miss these folks. I miss the "Hello There", the "What's Up", the smiles of these folks pictured. I miss the beautiful photo ops by the lake. I miss the conversations. I also miss my time with my family outside of work. My sisters and cousins and I spend lots of time together but we're being careful of each other's safety so we do drive by wave visits for now.



However, I have come to appreciate sitting at a window and taking in nature daily. I have heard and seen birds that I've never seen before, or had time to pay attention to. Every single day, I get to appreciate green trees, rabbits frolicking, neighborhood dogs, cats and puppies playing. I get to save on gas and cook a hot meal for my family more often. I am an active part of my son's preK experience (and confirming that I did not miss a teacher calling!). I get to finish household duties earlier because I'm saving time on the driving, picking up, grocery shopping and then not completing dinner until 9pm most days! I have actually caught up on some TV shows in the evening. It is a blessing in disguise and rebuilds appreciation for what we have. The amount of work is the same, but we're home and working in our loungewear and our commutes are just a walk to the home office/kitchen office/deck, etc! Gotta love that!



THE QUARANTINE LIFE



NORMAN EXPERIENCE:

I love lists, home projects, and people, so social distancing has been both good and bad for me.

The Good:

The best thing about social distancing has been catching up on my list of projects around the house. My to-do list will never really be done, but it isn't nearly as long as it was two months ago.

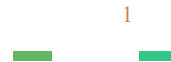
The Bad:

I need to be around people, and I enjoy getting a group of people together. Because of this, the worst part of social distancing is not being around family, friends, and co-workers. Zoom and Teams have helped, but nothing beats non-social distancing!

Now...time to go install new handles on my cabinet doors and drawers so I can check that off the list!



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