# THE BENT TREE

**VOLUME XIV Issue 5** 

Clayton State College — Morrow, Georgia 30260

January 27, 1988

## Clayton To Host Nobel Laureate

by Rita Dailey

No one knows how many bullets were fired; it happened all too quickly. The young man's body slumped over the steering wheel; the car careened wildly out of control, and two innocent children were killed and one lay dying.

Betty Williams heard the shots, saw the English soldiers lower their rifles, was sickened to see the driver, an IRA soldier, go up in flames with his car, and as she held the dying child in her arms, she "kissed her goodbye and promised her [that she] would do something about it."

In a land torn by internal strife, she began to do just that.

On the evening of August 10, 1976, the horror she had witnessed still searing her soul, she began to knock on the doors of her neighbors to plead for



**Betty Williams** 

peace in Ireland. "I don't apologize for being a mother who doesn't want to see her children become victims of war," she insists. "If you love your country, you live for it, [you don't] die for it."

Soon after the killings, she and Mairead Corrigan, aunt of the dead children, had persuaded 10,000 Protestant and Catholic Women to join a march through the hostile streets of Northern Ireland to advocate peace. They and their followers formed the "Community of Peace People," and the organization has attracted international support and acclaim.

Eleven months after the peace movement began, violent deaths in Northern Ireland had dropped by 54 percent. Speaking to the news media, Ms. Williams said, "We have not yet brought peace to Northern Ireland. We have created a climate for peace to become respectable."

Twenty-two Norwegian newspapers raised \$340,000 in support of Williams, Corrigan, and their crusade for peace. The gift was dubbed the "People Peace Prize." It was a forerunner to the Nobel Peace Prize which was awarded in 1977

In her Nobel address, given on Dec. 11, 1977, Betty Williams quoted from the "Declaration of Peace People", "We dedicate ourselves to working with our neighbors, near and far, day in and day out, to building that peaceful society in which the tragedies we have known are a bad memory and a continuing warning—PEACE BY PEACE."

Ms. Williams will speak Wednesday, January 27, at 10:00 a.m. and 7:00 p.m. in L-141. Her subject will be "Peace in the World is Everybody's Business." She will also have discussions with classes on January 28, as a part of her residency at Clayton State.

# Library Offers Saturday Hours

by Rita Dailey

The Clayton State Library will now be open on Saturdays from 11 a.m. to 2 p.m. The Sunday hours, 12 noon to 5 p.m., will remain the same.

Ms. Winnie Thacker, Library Secretary, advised that the decision to open the library on Saturday was influenced by student input. Questionnaires were placed by the suggestion box and on the circulation desk. These questionnaires were reviewed by Ms. Kristina Brockmeier, Director of Library Services. It was through the authority of Dr. Jack Carlton, Vice President of Academic Affairs, that funds were allocated to permit two student workers to staff the library on Saturdays.

"There is no reference assistance available, however, due to the small

staff. Students should make their study plans in view of this information," advises Ms. Jan Reck, Library-Media Specialist. She also reminds, "The library is for studying; socializing should be done in the student center."

Ms. Debbie Meyer, Reference Librarian, wants students to know, "The library and its staff offer valuable assistance to the student body. Aside from the reference and circulating books, there are also copiers, a tape duplicator, a typing room, audio visual centers, magazines, and newspapers available—solutions to many study problems."

"We're pleased to be able to offer non-reference library services to students on Saturdays now," adds Ms. Brockmeier. Her message to the Clayton State students? "Remember, the library is an essential support system. Use it!"



Ensemble Europa is scheduled to perform on Wednesday, January 27. This will take place at 10:00 a.m. in G-132. (See article on page 6.)

## Lomax Leaves Listeners With Sense of Liberty

by Kathy Bala

On Wednesday, January 13, 1988, approximately 175 students and faculty gathered in L-141 to hear one of the most fascinating lectures of the year.

Dr. Michael Lomax, Chairman of the Fulton County Board of Commissioners, lectured on "Super Tuesday and the Black Vote," but he did much more than that. He spoke about the history of the South since the Civil War, the changes that have occurred throughout the nation politically and economically, the upcoming election, and what he thought our points of view on the election are, and how students can change the future.

He was very impressive and wanted the students to understand all the different things that were happening in the nation today politically and economically. He made the students feel like their votes really do count and that students are very important to the future. Students should know this, but

**Michael Lomax** 

Dr. Lomax opened a lot of eyes. He made a lot of students think about the future.

His lecture was very enlightening, humorous at times, but also serious. Most important, however, was the fact that Dr. Lomax felt very comfortable and that in turn made his audience comfortable and attentive.

For hours after the lecture students and faculty were expressing their thoughts about both Dr. Lomax and the lecture." That was a very good lecture, I enjoyed it very much," exclaimed one student. "That was just terrific, Dr. Lomax is a fabulous speaker," claimed another. Students and faculty were racing up to thank him and shake his hand.

Dr. Lomax should be complimented on his lecture and anyone who missed it has the opportunity to watch the video in the library and should. It really was as terrific as everyone said. Following the lecture there was a short Remembrance Ceremony for Dr. Martin Luther King, Jr. Dr. Lomax expressed a few comforting thoughts. One of which was most touching, he suggested that "we should take time out to recommit ourselves, not just to civil life but to human life," something that we all forget to do at one time or another.

He ended the ceremony with a minute of silence. Mr. Rob Taylor, Director of Student Activities, elaborated "that was the most peaceful I have felt in a long time." This reporter must agree with Mr. Taylor. It was the most peaceful single minute that this reporter can remember.

Dr. Lomax is an extraordinary speaker. His lecture was absolutely terrific, very enlightening, and most impressive. If you closed your eyes while he spoke, you could actually visualize what he was saying instead of falling asleep and that is important to this writer



## Look Out For Your Books (Watch Out For The Crooks)

by Kathy Bala

It has recently come to my attention that there has been a number of text book thefts around the Clayton State campus over the years. Although this may be new information to some and a reality to others, let this be a warning to all.

It is sad to think that we cannot trust fellow students in an adult environment. Because of this, all students should practice caution. Write your name in your book(s), possibly in several places. Do not leave your books unattended. Buy a lock from the College's bookstore and take advantage of the free lockers available for student use in the lower level of the D building.

Robert Holmes, Bookstore Manager, informed me that it is very difficult to identify a stolen book; therefore, it is mostly up to the students to be sure this kind of thing does not happen to them.

He explained, "our buy back policy, however, does make it difficult for a student to return a book that does not belong to them."

In order to return a book, the student must have the bookstore's receipt, their student I.D., drop or add documentation (if returned before buy back at the end of the term). Occasionally their schedule will be required. With this policy it would almost be impossible to return a book that did not belong to you.

If, however, your books are stolen, it is most important that you report the theft to The Department of Public Safety and to the bookstore. Mr. Holmes and Bill Hart, Director of Public Safety, agree that students must practice caution because once your book is taken, you may never see it again.

Book theft may not seem like a major problem on this campus, until it happens to you.

# THE LAST DAY TO WITHDRAW WITHOUT ACADEMIC PENALTY IS FEBRUARY 12

## THE BENT TREE

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The views expressed in *The Bent Tree* are not necessarily the views of the student body, administration, and faculty of Clayton State College. Signed editorials represent the opinion of the writer and may or may not reflect the opinion of the staff. Unsigned editorials are presumed to represent the opinion of *The Bent Tree* staff.

The Bent Tree welcomes opinion and commentary from members of the college community in the form of "Letters to the Editor" or "Freelance Submissions." These submissions should be sent to the Editor by depositing them in The Bent Tree mailbox in room C-57. All submissions should be typed, double-spaced, and are subject to standard editing based on space availability. All "Letters to the Editor" must be signed, but names may be withheld for valid reasons. Unsigned letters will not be published. For further definition of "Letters to the Editor" or "Freelance Submissions" see the Editor or Faculty Advisor of The Bent Tree.

The Bent Tree is published under the direction of the Editor and the staff of *The Bent Tree*. The Bent Tree is published four times per quarter during the fall, winter and spring quarters.

## Dr. Schoffstall To Comment On Women's Health Issues

by Dusti Loomis

The Head of the Baccalaureate Program in nursing at CSC, Dr. Carole Schoffstall, will give a speech on Women, Health, and Healing: "Dancing Through the Superwomen Minefields." It is scheduled for 10:00 a.m. and 7:00 p.m. in L-141 on February 8.

Men and women are invited, as it can be helpful to both.

In her speech, Dr. Schoffstall will discuss strategies for coping with the "Superwoman Complex." The Superwoman Complex is that of a highly motivated woman who, perhaps works, goes to school, manages a family, etc. The fact that some women are coping

well, and some are not coping and are met with unhealthy reactions will also be discussed.

Why do some women thrive under these conditions and others experience unhealthy responses such as resultant stress, guilt, depression, power/responsibility conflicts and "fear of success?" Come to the presentation and find out about various responses to the phenomena as well as innovative management strategies such as turning "threat" into "challenge."

Students planning careers in the health professions or education may learn helpful strategies to support other women. Men are invited to the presentation and may find it valuable in their attempts to love or understand women more deeply.

Dr. Schoffstall states that once you learn to dance, the superwomen minefield need no longer be a dangerous place, but rather explode with fulfillment, challenge, and fun.

Before joining the staff at CSC, Dr. Schoffstall was Associate Dean of the Beth-El College of Nursing, and she also taught at the University of Colorado. She received her R.N. diploma from the St. Joseph School of Nursing and her B.A. from the University of Colorado Springs. She received her M.S. from the University of Colorado at Denver and her Ph.D. from the

University of Maryland. She is a member of Phi Beta Kappa and the American Nursing Association.

She has also published several articles which have appeared in the Journal of Psychosocial Nursing and Mental Health Services and Nurse Educator. She has also contributed two chapters in texbooks on the topic of families in crisis. In 1986, she received the Excellence in Research and Teaching Award, given by the Colorado Nurses Association, for research in the areas of personal space and hospitalized children. This fall, she addressed the International Nursing Research Conference on the "Stress of Hospitalization for Children."

#### Sanchez Appointed Director of Institutional Research

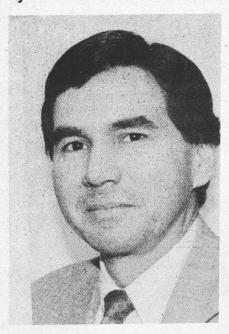
Dr. Ricardo D. Sanchez, Project Coordinator and Assistant to the President for the past two years, has been named Director of Institutional Research and Planning at Clayton State College.

A native of Key West, Florida, Dr. Sanchez's appointment was approved at the November 10-11 meeting of the University System of Georgia's Board of Regents.

As the Director of Institutional Research and Planning, Dr. Sanchez will be studying the effectiveness of the College's programs and assisting the administrative staff and faculty in improving those programs as well as planning new ones.

Dr. Sanchez earned both a bachelor's degree in English (1969) and a Master's Degree in curriculum and instruction (1974) from the University of Florida. He was awarded the Doctor of Philosophy Degree in Educational Administration and Supervision from Georgia State University in March, 1987.

Dr. Sanchez first joined Clayton's faculty in September of 1974 after holding a number of positions while completing his master's degree.



Ricardo D. Sanchez

He became the Assistant Director of Community Services at Clayton in 1974, and was named Director in 1978.

After serving as Director of Continuing Education and Public Service at Georgia Southern College from 1981-83, he was self-employed for two years before returning to Clayton.

## Four Programs Set for Black Awareness Celebration

Clayton State's annual "Black Awareness Celebration" is scheduled to begin with "Technology Day" on Tuesday, February 2. The anticipated program will be a demonstration of new computer technology by representatives of the Wang Computer Company. This will take place in the C-building lobby from 9:00 a.m. to 1:00 p.m. that day.

The Black Awareness Celebration, sponsored by Lyceum and the Black Cultural Awareness Association (BCAA), will have a total of four presentations. The "Business Day" program is set for 10:00 a.m. on Wednesday, February 10. On February 17, "High School Day" will feature a concert by a high school in the College's service area.

Current plans are to close out the "Celebration" with a "Health Science Day" program on Thursday, February 25. Posters, with more information, will be on the various campus bulletin boards approximately one week before each program.

## Lyceum To Present Program On Adult Children Of Alcoholics

Dr. Phillip Flores and Ms. Harriet Wall will present lectures on "Adult Children of Alcoholics: The Dysfunctional Family" on February 3. Dr. Flores will speak at 10:00 a.m. and Ms. Wall at 7:00 p.m. Both lectures will take place in L-141.

Dr. Flores, a clinical psychologist, is involved in private practice and serves as Director of Pschological Services at Anchor Hospital in College Park. He is the author of *Group Psychotherapy with Addicted Individuals* and has had

several articles published in professional journals. The bulk of his practice is with adults who have grown up in alcoholic families. He received his Ph.D. from the University of Arizona.

Ms. Wall is a licensed Psychologist and a certified alcoholic counselor. She is currently in private practice. Her undergraduate and graduate degrees were awarded by Georgia State University. Both she and Dr. Flores have done numerous workshops and presentations on this subject.

#### **Annual Table Clinic Slated For February 8**

by John Beaubien

On Monday, February 8, 1988, the sophomore class of the Clayton State Dental Hygiene Department will present the Eighth Annual Table Clinic Day. According to the Dental Hygiene Department, "table clinics are presentations and demonstrations of current topics and issues surrounding the fields of dentistry and dental hygiene."

The "Table Clinic" will be presented between 5:30 and 8:30 p.m. in the Student lounge, D-116. According to Ms. Edwards, "The table clinic is primarily for dental personnel." This activity is also open to all students.

Seven different clinics will be presented on topics such as artificial sweeteners, blood pressure detection in the dental office, nitrious oxide, child abuse, nursing bottle caries, levosugar and sanguinaria extract. Judges will award a first, second, and third prize.

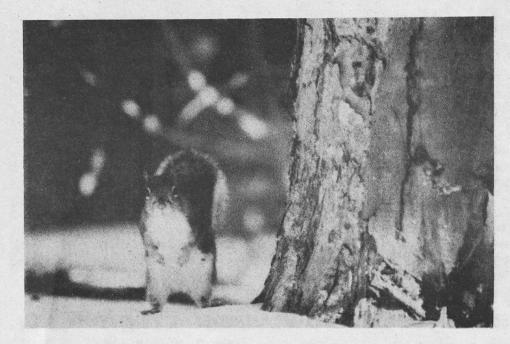
Participating in the clinics will be Missy Bishop of Tucker, Tracy Bradley of Riverdale, Dinah Caldwell of Griffin, Donna Carroll of Fayetteville, Kristy Copeland of College Park, Cindy Costilow of Morrow, Sandee Dockery of Covington, Janice Dorsey of Morrow, Stacy Goldman of Zebulon, Marie Hampton of College Park, Cheryl Lindsey of Atlanta, Jennifer Masdon of Sharpsburg, Dianne McKowen of Riverdale, Sheila Phillips of Dalton, Dot Robinson of Griffin, Janet Watkins of Jonesboro, and Caren Walker of Stone Mountain.

One participant, Caren Walker, was recently awarded a \$250 scholarship for the 1987-88 school year by the Georgia Dental Education Foundation, Inc. Ms. Walker, in addition to being a full-time dental hygiene student and part-time dental assistant in Stone Mountain, is President of the College's Student American Dental Hygienists' Association chapter.

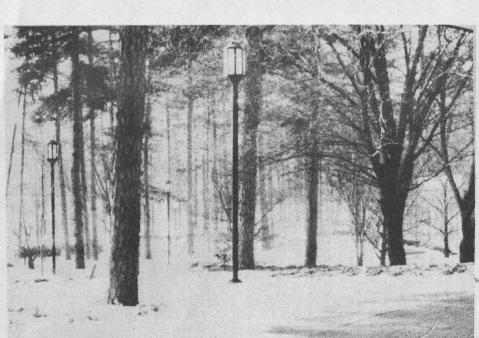
These dental hygiene students will also present their table clinics at the Thomas P. Hinman Dental Convention. It is scheduled for March 20 and 21 in Atlanta. "The Hinman" is the largest dental convention in the Southeast.

According to Ms. Edwards, "the students are fortunate to participate in the convention in Atlanta. It will be a good experience for them."

## Clayton State, Wrapped In Winter's Cold Embrace . . .



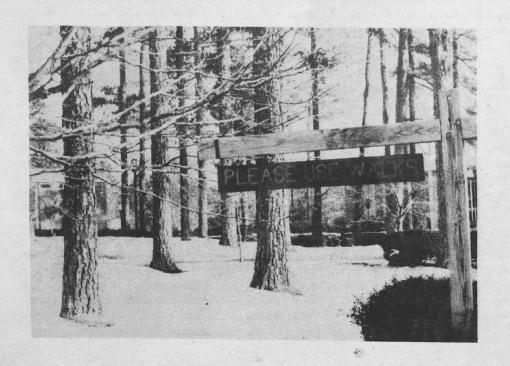
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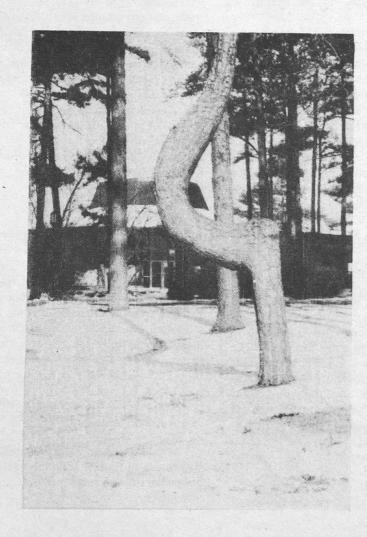
Watched













and Waited

Photo Essay By Rita Dailey

# Food Addiction Hotline

The School of Psychology of Florida Institute of Technology and the Heritage Health Corporation have established the Food Addiction Hotline (1-800-USA-0088). The purpose of the Hotline is threefold. First is to provide information to callers about what food addiction (bulimia and compulsive overeating) is and where and how help for the disorder might be obtained. Second is to gather information about the nature and extent of the food addiction problem in the United States. With the creation of such a data base, professionals can begin to better understand the problem and to respond with appropriate treatment methods. Third is to raise the awareness in the population that food addiction exists, is a devastating disease, and that treatment is available.

Food addiction, as a concept, differs significantly and qualitatively from the descriptive phrase, eating disorder, which has been used extensively in the past. Food addiction implies that an underlying physiological, biochemical reaction in the body is the basis for a craving for refined carbohydrates.

This craving and its underlying bodily mechanism is analogous to the craving for alcohol that commonly besets alcoholics. Food addicts develop tolerance to refined carbohydrates—that is, they need more and more to satisfy the craving, and they also exhibit withdrawal symptoms when refined carbohydrates are removed from the diet. These withdrawal symptoms typically include dizziness, chills, nausea, shakiness and headache, and they may persist for more than fortyeight hours.

Food addicts rarely improve under simple dietary changes or weight control programs. They may show transient improvement, only to fall prey once again to their foods of addiction. Treatment approaches based upon 1) abstinence from foods of addiction along with strict dietary regimens, 2) social support and reinforcement from fellow sufferers, and 3) planned aftercare have shown the most promise for long-term effectiveness.

Callers to the F.I.T.-Heritage Food Addiction Hotline will be given basic facts about food addiction. They will be asked a variety of questions about themselves and their eating habits. Based upon their answers to the questions, they will be referred to sources within their local communities, such as Overeaters Anonymous. If desired, callers will be made aware of available resources in their community.

## Creativity Consultant To Address Freedom

Creative leadership development specialist, Dr. Stanley Gryskiewicz, will speak at Clayton State College next week.

"Freedom for the Creative Thinker: A Management Style" will be the title of two speeches to be given on Thursday, January 28, at 10 a.m. and 7 p.m. Both lectures will be given in Room L-141 of the Library Building.

Dr. Gryskiewicz received both his bachelor's and master's degrees in Psychology and a Ph.D. in Occupational Psychology from London University. He has had extensive experience assisting business and industry in ideageneration and decision making, in which freedom has been recognized as a major creative element or stimulant.

As a member of the Center for Creative Leadership staff since 1970, he has conducted research projects on innovation in both product development and service industries in the United States and Europe. At the Center, Dr. Gryskiewicz has helped develop the Center's Leadership Development and Assessment Programs, led the formation of its Creativity Development Division, and, in 1980,



Stanley Grysckiewicz

developed the well-known Targeted Innovation Creative Problem Solving Model. His clients include Black & Decker, Kodak, The Kroger Company, Norfolk Southern Corporation, Proctor & Gamble, and Citibank USA.

As part of the Lyceum-sponsored programs, the lectures will be free and open to the public. Call the Office of Student Services (961-3510) for more information.

## Artist-In-Residence

Mr. Woody Jones, an Atlanta wood sculptor, who prefers to think of himself as a toymaker, will be on campus February 1-5. He is the fourth artist in Lyceum's 1987-88 Artist-in-Residence program. His "mechanical amusements," based on Victorian-era toys, bring laughter to a world he

believes all too serious. A multiple award, Mr. Jones will be working with art classes and other interested students throughout the week of his residency. For more information contact Mr. Thomas Daughtry in G-101 or refer to the Lyceum brochure (available in C-57).

#### SENIOR COLLEGE TOUR

REPRESENTATIVES FROM SENIOR COLLEGES AND UNIVERSITIES WILL BE ON CAMPUS WEDNESDAY, FEBRUARY 3, 1988 9:30 A.M. — NOON.

STUDENT LOUNGE (D-Building)

### University System Offers Studies Abroad

Sipping tea in a Parisian cafe, theatre-going in Florence and London, people-watching in the green gardens of a 600 year-old German city, and bargaining with shopkeepers in Argentina, Costa Rica and Mexico—this could be a part of your summer in 1988!!

The International Intercultural Studies Program (IISP) of the University System of Georgia now offers 21 summer study abroad programs in 11 countries. Undergraduate and graduate students can earn quarter hour credit while studying Chinese, French, German, Italian and Spanish, as well as International Business, Finance, Anthropology, Drama, History, Communications and

Teaching English as a Second Language!

Your experience overseas will broaden your horizons and help you in your career!! Field trips and excursions to local sites reinforce classroom instruction.

Most of our programs run for six to eight weeks and are priced under \$3,000 (covers transportation, room and board, tuition and excursions in most cases). Eligible students may use financial aid toward IISP programs.

For more information, contact your IISP Campus Coordinator, Dr. June Legge at 961-3623, or contact the IISP at Box 653, GSU, University Plaza, Atlanta, Georgia 30303-3083, tel. (404)651-2450.

#### Ensemble Europa Provides Varied Program

by Dusti Loomis

"Just what exactly is Eurojazz?", one might say. Eurojazz is what develops when musicians are trained on European instruments and the music moves west in a musical sense. This simply means that European music is combined with some jazz improvisation. We will have the chance to experience Eurojazz on Wednesday, January 27, at 10:00 a.m. in room G-132, sponsored by the Lyceum Committee.

Ensemble Europa was formed by the musicians and singers of the Heartland

East European Dance Troupe. They are under the guidance of Ms. Connie Gregory, a classically trained violinist. However, the violin isn't the only instrument she plays. In fact, all the members play at least three instruments each; many of which were played before the 17th century in Eastern Europe. T.R. Ruddick, one of the group's newest members plays about 25 different instruments.

They will perform Italian taratellas, Hungarian czardas, Servian kolos, Bulgarian pravos, and other European folk music.

# Literary Corner

# The Dress coccerece

by Rita Dailey

It was the color of a spring-time jonquil, a sort of golden yellow, and the ruffles which began at each shoulder angled down the front and met at the waist in a "v." There was a matching ruffle around the hem and the wide ribbon sash was drawn tight in the back with a bow. Best of all though, was the zipper, for it was just like Mama's. I loved both the sound it made on it s journey up and down my spine and the funny way it tickled my back, and I must have driven my mother to distraction asking her to "zip me." It felt cool and silky to the touch of my three-yearold fingers, and I still remember how I loved to just put it on and "pet" it. I'd stand first at the mirror and listen to the swish of my long blond curls as they swept across the back and shoulders. Then I'd circle the room in my version of a Cinderella waltz, smiling at my gorgeous reflection each time I passed the mirror. It didn't matter

that it was a hand-me-down from the family next door, for in it I felt like a princess.

Mama let me wear it on week days sometimes, because having had three previous owners, it apparently would be worn out this time before it was outgrown. On this particular morning, I must have awakened with grand delusions of nobility, for I pointed to the dress and demanded, "That one, I'm going to wear that one, Mama."

I can't recall the exact details, but I rather think it was a school morning, and Dad must have already left for work. My eleven-year-old twin brothers were eating breakfast and squabbling over who had on whose shirt and which boy could run the faster, while my five-year-old brother, George, was, as usual, being disgustingly good, just sitting there with the scissors, cutting his kindergarten words off the back of the cereal box. And in came Cinderella. I mounted my throne (the high chair minus the tray,) and from my vantage

point above the others I shouted my commands. "I need my breakfasth! Where isth my breakfasth? I'm hungry!"

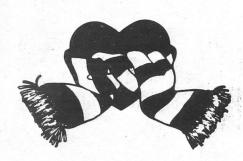
Mama placed my scrambled eggs and bacon on the table in front of me. She held a glass of milk in one hand and the twins' report cards to be signed in the other. The phone was ringing, the twins were racing, when George chopped his finger. I screamed, "I want my milk! I want it now!"

It was a reflex action on her part, a sort of self-preservation move. I sat horrified as the white wave engulfed me. The cold sticky stuff splashed against my face, part of it going up my nose, the rest trickling from my hair, dripping off my eyelashes, and then forming small rivers as it ran onto the dress! I sputtered, hands grabbing wildly, "My dress, my dress!"

I was out of the highchair and back in my room sobbing when sometime later Mama quietly came to stand beside me. I guess the twins had gotten to the school bus, and George had stopped bleeding because the house was quiet. I remember her words exactly as she said them, "Rita, pretty is as pretty does. Now I can wash your dress but only you can wash your words and the way you say them." With that she unzipped the dress and walked with it into the laundry room, leaving me to digest that bit of wisdom. And I did.

The haughty princess disappeared that day, but not forever. She still rears her silly head from time to time, when I've done particularly well, or look especially nice, or think just a little too highly of what I've said, or done or thought. She jumps up and down and shouts, "Look at me, look at me! I'm so pretty. Look at me!"

That's when the very wise three-yearold who dwells deep within my soul, reaches out, grabs her by the shoulders, and with a shake says, "Pretty is as pretty does. Now you better duck 'cause here cometh the milk!"



#### Standing in the Snow

He's standing in the snow This twelve-year-old of mine. He's looking through the trees And catching up with time.

It's quiet in the dusk
But on further investigation
I see the tears start falling
The emptiness, the frustration.

He's gazing at the snowflakes this soon-to-be man of mine He's bundled against the weather But he can't stop the passage of time.

He's thinking back to snowfalls In all of the places we've lived And he's crying for what used to be And coping with what is.

by Cathy Chvasta Student Creative Contribution



#### TO DONNA

I'm leaning on my friend
Though she lives far away from here
I'm depending on her support
As I have through all the years.

We've moved a goodly bit too many times to count She's helped me through the loneliness her stories, I can recount.

I call her when it's time to pack our bags and go
I know that I can count on her
To help me laugh and grow.

I tell her that I hate it The boxes and the moving She laughs and calls us gypsies Middle Americans and improving.

She's there for me to talk about The painful, hurried goodbyes She's there to tell me it's for the best And then we have to fly.

She listens to my discontent And all my moving woes A better friend I'll never find No matter where I go.

by Cathy Chvasta Student Creative Contribution

## Quiet

Sometimes in my head My words are all but screaming They keep on painting pictures Of the world and all its meanings.

I try to close my eyes And stop the words from flowing But the stories in my head Just can't be kept from growing.

Sometimes while I type
Or mop or dust or scrub
The words just keep on trickling
Like the emptying of a tub.

For deep within me lies Something needing to be said And while I wash or iron The words are dancing in my head.

by Cathy Chvasta Student Creative Contribution



#### I Lost My Mind (And Didn't Know It)

I hardly noticed its absence;
It barely left a space.
I cannot tell the day it left
Nor do I know the place.
But one day as I struggled
to bring something to mind,
That's when I noticed it had gone,
And left a blank behind.

by Marie Williams Student Creative Contribution





## "Wintermurals" Have Begun

by John Beaubien

On January 13, 1988, a meeting for the Winter quarter intramural participants was held. According to Intramural Director, Dr. Avery Harvill, "No one showed." "This should be no problem," said Dr. Harvill. "We are hoping to get good turnouts."

Men's and women's volleyball play started January 19 at 1:30 p.m. and will continue for approximately six weeks. Table tennis began January 20 at 10:00 a.m. The badminton doubles tournament starts February 24 at 10:00 a.m.; players should meet in the gym, and eight pairs are needed.

The bench press competition begins March 2 at 10:00 a.m. Contestants should meet in the weight room for weigh-in from 9:45 until 10:00 a.m.

The men's and women's basketball tournament is tentatively scheduled for February 4 for 5-on-5 and a week later for 3-on-3 instead of starting on

January 21 and February 4 respectively as originally scheduled. The reason for this delay is the destruction of one of the basketball backboards. This was done by a student at the end of Fall quarter. The Student Affairs committee met last week to consider allocation of the approximately \$925 needed to replace the backboard. According to Gayle Sapp, Secretary of the P.E. Department, "If we don't get the funding for the backboard, we probably will not have intramural basketball."

All faculty, staff, and students currently in a credit class are eligible to participate in the intramural program. For further information contact Dr. Avery Harvill at 961-3465 or come by the Physical Education Building. Release and waiver statements are required prior to participating.

"Anyone needing more players should come by the P.E. office," stated Ms. Sapp.



#### **Student Recital**

A recital featuring performances by Clayton State College students will be held on Wednesday, February 3. The recital will take place in G-132. The recital is open to all members of the College community and the general public.

### CSC Students To Compete in "Super Hoops"

by John Beaubien

Clayton State College is participating in the Schick Super Hoops three-onthree basketball championships this year. Sponsored by Schick Razors and Blades, Schick Super Hoops begins it's fifth year of competition on the intramural level, continuing as America's largest college recreational activity.

Competitions will be held on campus in Mid-February. Our winning men's and women's teams will advance to the Schick Super Hoops Regional Festival scheduled for Saturday, March 7, at the Georgia Tech Student Athletic Complex (SAC).

For further information, contact Dr. Avery Harvill in the Physical Education Building in E-34. Dr. Harvill reminds students that they "must have a 2.0 cumulative grade point average" or better to compete.





## Operation Crossroads

Operation Crossroads Africa, Inc., a non-profit organization focusing on international development and crosscultural exchange, is entering its 30th year of voluntary service throughout Africa and the Caribbean. In 1987, its 19 projects in 11 African countries included medical relief assistance in Ghana, Tanzania, Sudan, and Seirra Leone as well as agricultural/drought relief programs in Zimbabwe, Kenya, The Gambia, and Senegal.

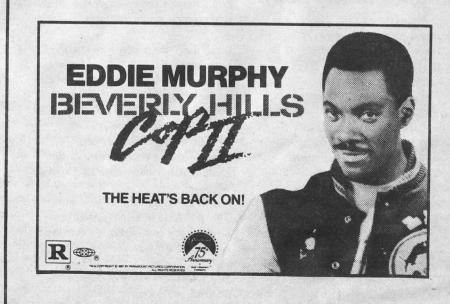
Founded over thirty years ago by Dr. James H. Robinson, Crossroads whose example inspired the creation of the Peace Corps, has sent more than 8,000 volunteers to 34 African countries and 1500 high school participants to 18 Caribbean islands and the newly independent Central American country of Belize. This unusual experience provides a brief, but intense immersion in societies with traditional and modern

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influences and pushes individuals to reexamine basic attitudes, standards, and beliefs in relation to people with contrasting values and life styles.

Crossroads is actively seeking high school and college-age students to participate in this year's community development programs in rural Caribbean and African villages. The seven week projects in Africa which are sponsored jointly by Crossroads and the governments of the different African countries will involve specialized projects in medicine, nursing, community development, archaeology, architectural photography, and agriculture.

Both volunteer and leader positions are open. Persons interested in applying are encouraged to contact Crossroads Africa, 150 Fifth Avenue, Suite 810, New York, New York 10011, phone (212) 242-8550 or (800) 42-AFRICA.



February 12 at 1:15, 6:30, 8:30, 10:30 in G-132