

# THE BENT TREE

Volume 36, Issue 9

June 27, 2005

CCSU STUDENT NEWSPAPER



## New Name, Same Great Taste!

*Board of Regents approves name change for University*



By Ashley Spillers

As of May 18, 2005, Clayton College and State University's name changed officially to Clayton State University. The Board of Regents met and the decision was made. Clayton State has been through a series of names in the school's relatively short history.

The school originated as a junior college in 1968 and was aptly named Clayton Junior College. In 1986, Clayton Junior College underwent a few changes instigated by the Board of Regents and became a four year college named Clayton State College.

Over the next few years, Clayton State College gradually adopted new courses and curriculums. In 1996, Clayton State College's name was changed to Clayton College & State University. Along with a couple of other colleges of a similar size, Georgia College and North Georgia College, the addition of "and State University" was given to Clayton College due to the school's movement from the level of state college to state university. The name, however, was not a popular one and there was discussion of changing the name again.

In 2000, Clayton State gained a new President, Dr. Thomas K. Harden. Even when he arrived at that time, there was discussion of changing the name of the school. Dr. Harden opened the discussion with the Chancellor of the University System of Georgia to change the name approximately two

years ago, and he was advised to wait until a comprehensive study of the University System of Georgia schools and their capacities was completed. This was important so that the Board of Regents would have evidence of Clayton State's progress and their decision on the name change proposal would be well-informed.

In the fall semester of 2004, talk of the name change resurfaced. Dr. Harden assembled a committee that would discuss the name change and come up with a proposal for the Board of Regents regarding the name change. The decision was made to propose the name Clayton State University to the Board of Regents.

While Dr. Harden acknowledges that Clayton State already has established a solid reputation within the community (*cont'd P. 4*)

## Auxiliary Services Responds to Campus Question

by Redd Horrocks

Recently The Bent Tree sent out a Campus Question giving students the opportunity to comment on Dining Services. (This question and its responses can be viewed on pages 6 and 7) I met with representatives from Auxiliary Services to get their reactions to your thoughts and comments. The most common response to our question to you was that you were concerned with the amount of healthy options available and the way food was cooked. Pat Jackson, the Lakeside Café Manager (who also has a BS in Food Science and Nutrition) assured me that she is taking all comments and concerns on board and wishes to make immediate changes to cater to the students needs. She stated that the Café will be discontinuing the use of margarine and replacing it with a healthier alternative.

She also stated that they will be making every effort to ensure that Veggie Burgers and other vegetarian food are cooked away from meat so that it is more vegetarian and vegan friendly. Robert Holmes, the Director of Auxiliary Services, also told me that they are looking into expanding the salad bar when finances permit, and that they are also looking into expanding the food selection for evening students. Although these plans are not set in stone, it appears that they are seriously considering these changes in an attempt to better serve the students.

When discussing the prices of the food, sadly it seems that there isn't much that can be done here. Dining Services are an unsubsidized business.

They gain no funding from our tuition or our tax dollars. They are currently operating at a deficit because they are completely self supported.

Mr Holmes and Ms Jackson also told me that when new products are introduced to the Café they are always on a trial basis. If there are low sales of a product, the product is discontinued. So be sure to buy your favorite items to show that you like them! Mr Holmes and Ms Jackson want to let you, the students, know that your comments are taken to heart and to contact them in the event that you have any further ideas, questions or comments.

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# entertainment

## 'Madagascar' Fails to Impress

By Jaff Schade

Every year there are a few films that look to be decent, entertaining films, but fail to realize their potential when all is said and done. This year, one of the best examples of such wasted potential is the Dreamworks Animation Studios/PDI yawn, err, yarn, *Madagascar*.

What starts out innocently enough as a tale of four animals trapped in Central Park Zoo as slaves to the masses demanding attention quickly deteriorates into yet another politically correct moral tale that is neither funny nor original.

It seems that Alex the Lion (voiced by Ben Stiller), Marty the Zebra (Chris Rock), Gloria the Hippopotamus (Jada Pinkett Smith) and Melman the Giraffe (David Schwimmer) are all displays in the urban jungle of Central Park Zoo. Marty desires to be free from the prison of captivity, while Alex wishes nothing but the attention of the masses of spectators. A few misfortunes land all four of the

animals, and a few penguins on the island of Madagascar, halfway across the globe, with no protection from the elements. After an encounter with King Julian of the Lemurs (Sacha Baron Cohen), who wishes the animals to save them from the feared foosas, the animals realize there is no escape from the reality that they are trapped in. From that point on, it is up to the animals to decide what to do and where to go. That is of course, if they manage not to kill each other in the first place.

The problems with the film start almost from the very beginning. The writers, Mark Burton and Billy Frolick, lack the experience to create a truly interesting story, as neither of them has written anything beyond a few Made-for-TV movies. Without being able to act, and a weak script, the voice actors seemed almost trapped in a sub par film. Long segments of dialogue that are neither witty nor funny are interspaced with flat visual gags



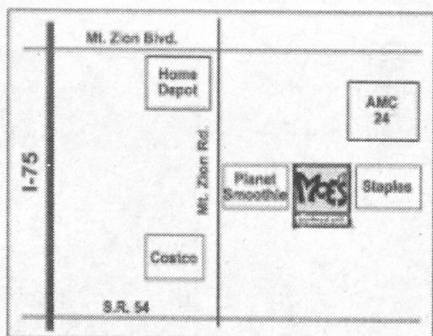
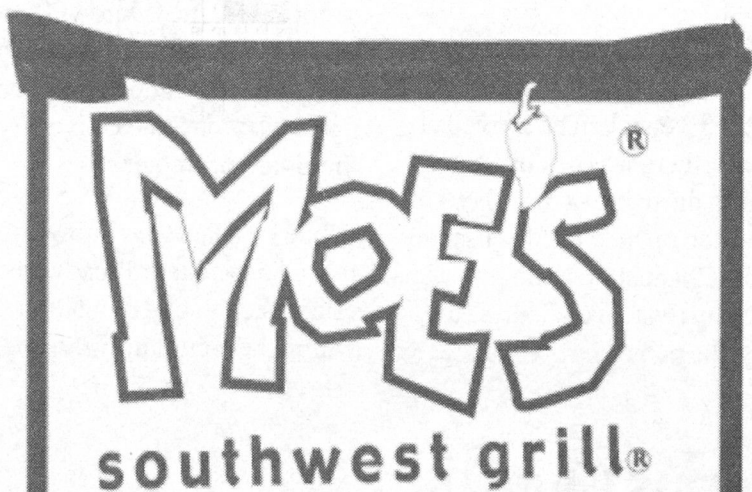
Photo taken from google.com

that do nothing to entertain anyone except the youngest of crowds. It doesn't help that nearly all of the even mildly funny pieces were played endlessly in the numerous previews for the film, thereby reducing even further the scant humour that remains.

Aside from a rather good remake of the song *I Like to Move It, Move It* the music is also sub-par, with only a few good moments were it rises above the sub par level of the rest of the film. Of course, most of those moments are due solely to the "borrowing" of the theme *Chariots of Fire*, itself an overused musical interlude.

The animation is the one and only area where the film is anything beyond bad, as has been shown in the past with computer generated imagery (CGI), it has the potential to look almost photo realistic. The creators wisely chose to adapt a more cartoonish look.

Overall, the film is far from the masterpieces that have been released in years past such as *Shrek* and *Toy Story*, but yet not as bad as last years pop-culture disaster *Shark Tale*. Unfunny and not entertaining, it rates as a C-, and a disappointing entry into the CGI genre.



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## Britney & Kevin:

Perhaps "Great Big Mess" Would Be a More Suitable Title

By Dana Staves

I secretly like her music; I envy her flat stomach; I dance along with her videos and in middle school I learned much of the choreography for *Sometimes*. Although my love has dwindled for her over the years, I was still interested in watching Britney Spears' new series, *Britney & Kevin: Chaotic*. I figured, hey, I liked *Newlyweds*; this could be good, too. Even though I was so deeply annoyed in the first three minutes that I wished my bed would swallow me whole so I wouldn't have to watch more, I endured the whole hour so that I could give an adequate review to the pop princess's attempt at reality television.

Using a shaky camera to pass the time while on tour in Europe, Britney takes her fans through interviews and commentaries with her and the people on tour with her. The main question asked is what people feel about marriage and commitment. Perhaps the most startling, provocative element of the show is that Britney, along with most people she talked to, feel jaded against marriage, claiming to have no belief in the institution itself. That's about as deep as it gets. Beyond what should have been a very profound query to her friends, the show is filled with Britney's obnoxious fourteen-year-old behaviors. By the end of the show I was so sick of looking at Britney's pores (learn how to use the zoom, hon!) I could have barfed.

As if that's not enough, we meet Kevin, Britney's current husband who was then only a love interest. This is also when sex becomes a huge issue on the show, complete with the most loaded, ever-eluded question, "What's your favorite sex position?" Truly, there's beauty in a couple in the early stages of a relationship; however, there's no beauty here—none whatsoever. Britney really seems to be looking for love and it sucks the romance out of the scenario to see her hook her claws into Kevin without his knowledge.

This show was no *Newlyweds*. I turned the channel when it *finally* ended feeling disappointed that young America is jaded against marriage, irritated that I had lost that hour of my life, and terribly annoyed with Britney Spears. If you, however, can handle the super close-ups on Britney's pores, the sickeningly cutesy commentaries from the star, or the ridiculous Anna Nicole vibe (note the assistants flocking; the heavy Southern accent mixed with the baby doll cooing; the unhealthy habits being indulged, though this time it's smoking, not eating), then please, tune in on Tuesdays to UPN. Just be sure to knock back a couple of Tylenols beforehand to avoid the headache that will surely come with viewing the show.

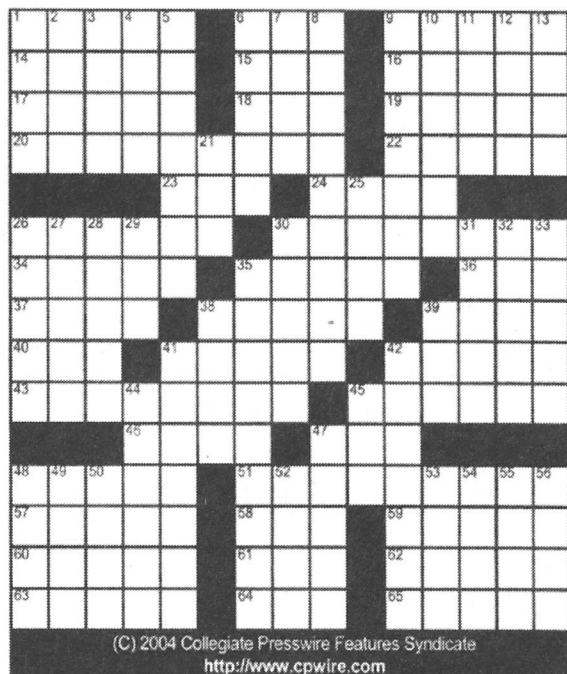


### ACROSS

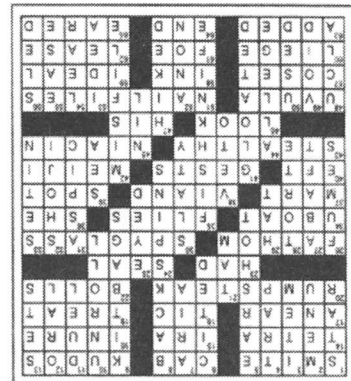
1. Hit
6. Taxi
9. Praise
14. Characin
15. Retirement savings vehicle
16. Accustom
17. Lend one of these
18. Spasm
19. Trick partner
20. Tail end
22. Cottonseed containers
23. Used to own
24. Close off
26. Depth measurement
30. Small telescope
34. German sub
35. Pesky insects
36. Not he
37. Emporium
38. Visual
39. Dick and Jane's dog
40. Immature newt
41. Exploits
42. Mutsuhito
43. Secretive
45. Nicotinic acid
46. Visage
47. Not hers
48. Soft palate pendant
51. Manicurist's tools
57. Mathematical term
58. Publicity
59. Optimal
60. Vassal
61. Enemy
62. Rent
63. Totaled
64. Finish
65. Type of seal

### DOWN

1. Jones of *The View*
2. List of offerings
3. Thing
4. Trick
5. Hearing distance
6. Quoted
7. Solo
8. Ball motion
9. Soldier packs
10. Open
11. Contest
12. Type of test
13. Groups
21. Beret
25. Looked
26. Raged
27. Toward the stern
28. Rich cake
29. # 21 Down, e.g.
30. Grayish
31. Clear jelly
32. Japanese partition
33. Inset
35. Seafood utensil
38. Reject
39. Ocean
41. Sore winner did this
42. Store incorrectly
44. Affirm
45. None
47. Climbed
48. Calif. university
49. Null
50. Type of car
52. By and by
53. Thought
54. Shakespearian king
55. Soothe
56. Winter vehicle



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## Twinkies—An American Tradition

By Dana Staves

Every year, Jonesboro closes off Main Street and has a Thanksgiving/Christmas parade, which is concluded by Santa's arrival and loud, adorable cloggers from Dancing with Donna Webb. There is a carnival while the parade is going on, complete with shops, crafts, and, of course, food. It was at this carnival about two years ago that I tried my first Deep Fried Twinkie. I figured, I like Twinkies, I like fried things: I'll go for it. The taste is a mixture of the goodness of the Twinkie and the crispiness of the golden brown outside. That dessert says my hometown to me and renewed my appreciation for Twinkies.

Thus, it was with great curiosity that I read an article today about an art exhibit in Pennsylvania that was centered on Twinkies. Each year, the Pittsburgh chapter of the American Society of Media Photographers has an object show featuring photography based on a given object. In years past the object has been anything from an umbrella to a piece of wire. This year, the assignment was handed down, and the object was Twinkies. Partnering with Interstate Bakeries Corporation, the company that makes all of our favorite Hostess snacks, who supplied 1,000 Twinkies for the artists and the exhibit, the group made the show a hit. The Twinkie will celebrate its 75<sup>th</sup> birthday in May and this art show is a wonderful way to celebrate the impact this delightful cream-filled snack has had on America. The show featured a photograph of the Stonehenge with one pillar missing and a Twinkie in its place and a parody of "Young Women Picking Fruit" by Mary Cassat with two young boys plucking a Twinkie from a tree.

So I join the American Society of Media Photographers in tipping my hat to the Twinkie, who not only is a work of art (both in visual and culinary terms), but also seems to be giving Little Debbie a run for her money!



# around

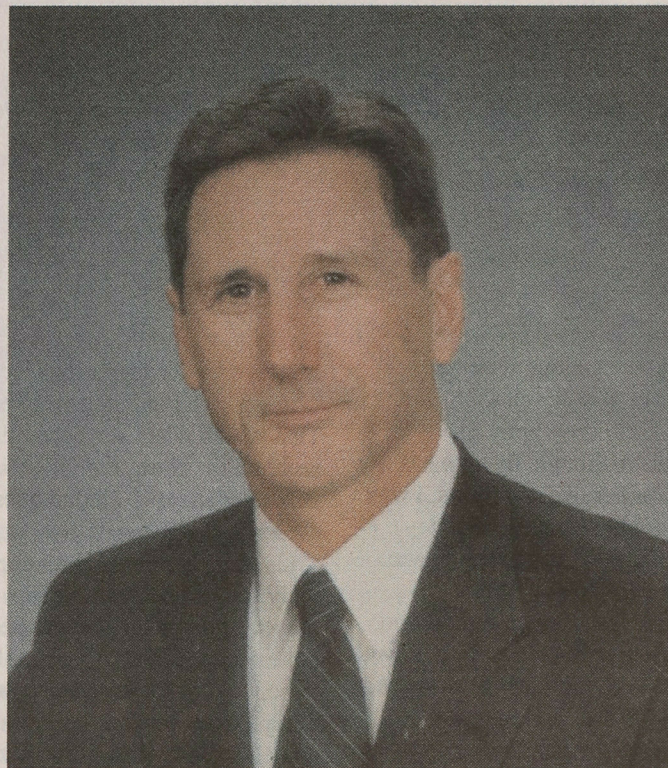
## New Name...

*(Continued from Front Cover)*

and is known for its pleasant atmosphere and the beauty of the campus, the name of the school as Clayton College & State University is a mouthful and it creates confusion in the school's status as a university. Dr. Harden's goal in the name change was to simplify the name and also eliminate the confusion of Clayton State's status as a university. On May 18, the Board of Regents accepted Clayton State's proposal to officially change the name of the school to Clayton State University.

The future of Clayton State University looks bright and invites growth. Dr. Harden anticipates the accumulation of new programs and curriculums, and hopes that the addition of Master's degrees into the university is not too far into the future. The addition of two new satellite campuses in Locust Grove and Fayetteville are two new projects for Clayton State. All of these combined contribute to the growth of Clayton State University and the accessibility of a university on the south side of Atlanta.

*Information gathered from Dr. Harden and [www.clayton.edu](http://www.clayton.edu).*

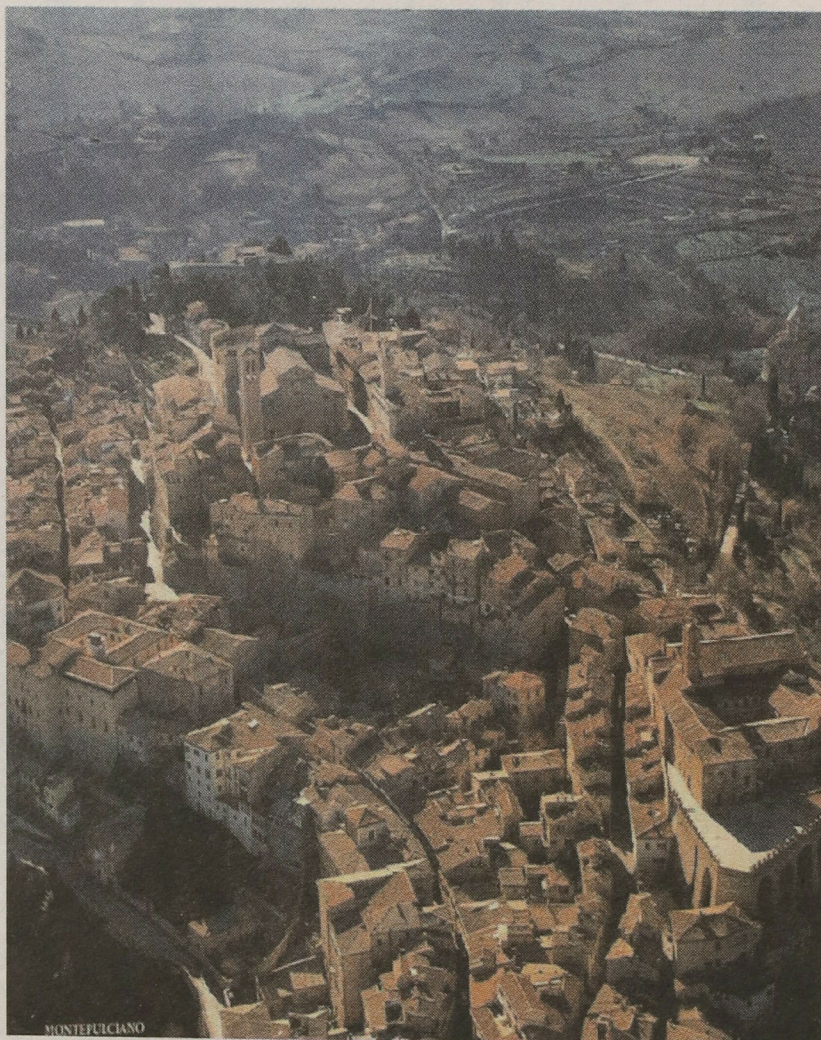


## Boldy Went Where I Hadn't Been Before

The best advice I ever got about travel? Carry an extra package of tissues.

I went for a five-week study abroad program with Clayton State to Montepulciano, Italy.

I had the time of my life and think I've returned a bit more cultured (I'd like to believe so at least!) and less naïve. I found myself and lost myself over there, and saw some pretty famous stuff, too.



*Photo taken from [google.com](http://google.com)*

Where to begin? I could praise study abroad up and down for the innumerable opportunities one can embrace, but I think it's better to skip that part. Why? Because travel isn't for everyone. Yet, travel is for me. That's what I'll explain.

I stood inside the Coliseum and couldn't catch my breath. I watched the sun set in a gentle shade of watercolor pink over the Tuscan hills. I spent a night in Rome going on a bar hop with a bunch of college guys I'll never meet again. I tried Espresso and spit it out. I got called "bella" one too many times and was the attempted object of seduction by a handsome blonde Italian who was sure he could "make a woman out of me" if I went away with him for a weekend. I gazed up at the Sistine Chapel and got a neck cramp. I felt my veins tingling with the greatness of something I didn't understand the first time I went into the local "duomo" (cathedral) of the town of Montepulciano. I spent most of my time alone and felt myself softening towards the world in ways I wouldn't have back home. I was free over there, because I had nothing to hide behind. My friends, my family, my culture, my language, and my comfort zone were an ocean away.

For some people, this will terrify them, because nothing is worse sometimes than facing yourself and your naked growth, or lack thereof, as a human. I was forced to stop and examine myself amidst the quiet and see how I measured up.

We had every Friday, Saturday, and Sunday to ourselves. I went on several trips to Rome and found that the city drew me back again and again like a magnet pulling at the metal inside myself. I laughed with a delightful older woman named Debbie on my trip more than I have with anyone in a long time. I had to sleep one night in a train station with other members of the group because we got confused about the bus schedule and missed the last departure. There was nowhere for us to go because it was gay pride week and all the hotels were full with enthusiastic activists.

I had the most incredible weekend of my life over there. I took a five hour train ride alone to a place called Cinque Terre, or "Five Lands", which are five tiny towns carved into the edges of a rocky cliff connected by footpaths. The train tunnel travels through the core of the mountain, and you are completely encompassed in rock for a short duration of time.



# campus

I had nowhere to stay at first, because the local hostel was full. Near tears, I wandered the streets wondering if I'd be safe to sleep at the train station. An old man approached me and in broken English asked if I needed a room. A goofy Italian grandfather let me stay at his house in a spare room for 30euros a night, which I learned is pretty typical in places like that. He also provided me with a towel, sunscreen, and water. I spent the rest of the day at a rocky beach. I made friends with some backpackers and drank wine with them and went cliff jumping into the sea the next day. I was at peace that weekend, more so than I have ever been in my life.

I learned that nothing is free. If you want to use the bathroom in a local store, you should purchase something first. By bringing your own tissues, you ensure that no matter where you go, you have taken steps to ensure your sanitation. I was grateful many times that I never suffered another fate. The bathrooms at the Roman train station charge you for usage.

You've never seen red until you've seen a field of these flowers rolling past you as your head bangs rhythmically against a bus window. I've never been so grateful for my car until I got home. I'll never complain again about getting lost in America because people here can speak my language. I'll stop more often now and remind myself that no matter what, I do have what it takes, because in a thousand ways, I took chances and risks last summer and lived to tell about them.

So, for future travelers to Italia, I bid you arm yourself with this often-overlooked advice-

1. Carry an extra packet of tissues.
2. Leave your American self behind. You'll be glad you did.
3. Try to learn a few words. It delights the natives.
4. Know the difference between "agua con gas" and "agua sin gas".
5. Toss a coin in the Trevi fountain.

6. Learn to appreciate the luxury of ice.
7. Just accept the fact that you have to walk. Everywhere.
8. The food is some of the best in the world over there, and that is because it doesn't taste like ours.
9. Sometimes you do have to look like a tourist in order to carry all of your stuff.

That's ok. Just don't act like one.

10. You can make friends anywhere, be willing to let them in, even for a brief time.

Travel is exhausting, expensive, draining, and perhaps the best investment you can make in yourself. I'm a self-proclaimed addict.



Photo taken from google.com

**Do you have ideas  
about what should  
be in your student  
newspaper?**

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# campus question

*As college students on this campus, we all have one thing in common: we have to eat. One of the main sources of food on the campus is Dining Services. The Bent Tree is curious to know if there is anything that you wish the dining services had (i.e. a more extensive salad bar, more vegetarian options, etc) or if there is something that you love in dining services that you wish they had more!*

I would like to see dining services offer true vegetarian choices. The "steamed" vegetables have a distinct sheen that leads me to believe they have some sort of fat or oil added to them. It would be nice to have a description of how these vegetables are prepared. Also, adding seasoned tofu as an ingredient of choice, in wraps and other sandwiches, would provide a protein option for those of us who do not eat meat.

**Sondra Landrum**

I am a faculty member so not sure you want to hear from me about this but as I feel quite strongly about it I would like to respond. I would really appreciate more vegetarian options. I can't eat the veggie burger as its fried on the same greasy grill as the meat. More fruit would be nice and also my main complaint about the campus is coffee — the coffees since the move is always lukewarm never hot enough I would love to see a student run coffee cart with latte etc .. failing that an improvement in the coffee in the cafeteria ....

I would like to see more healthy options for our evening students too. There is nothing to eat after 5 except greasy fried stuff and pizza.

**Victoria Pasley,**  
Assistant Professor of History

More healthy fare, [such as] wraps - Cajun, southwestern, chicken, etc. - on the go type meals.

**Robert Young MBA**  
Director, Customer Development & Sales  
**Harry S. Downs Center for Continuing Education**

I just want to say that I appreciate the dining services staff and the efforts they make to provide us with what we want. To many times I have been in line in dining services and overheard customers being rude to the staff. I'd like very much to see our campus appreciate those who choose to provide a service to us. Smiles are contagious and saying Thank You is a courtesy that costs nothing to give.

**Debye Baird**  
Director, Client Support Services

[I would like to see a] sushi bar salad/soup/baked potato bar with toppings - - more, more, more.

**Pat Vender**

The following changes would be nice to see regarding the campus Dining Services:

Breakfast - A menu that would also cater to non-pork eaters and vegans. Sometimes the grill offers turkey bacon or turkey sausage. However, it is not on a consistent basis.

Also, the scrambled eggs should be cooked in a skillet as opposed to directly on the grill — they have too much grease in them and taste like the grill itself.

Lunch - A bigger salad bar that ALWAYS offer fruit choices (peaches, pears, pineapple, melon, mandarin oranges, grapes, etc.), vegetables (cucumbers, broccoli, carrots, bell peppers, onions, croutons, squash, zucchini, radish, cubed luncheon meats including turkey products, etc.)

Drinks: Offer fountain drinks with less sugar (cranberry, apple, grape, orange, lemonade)

It would be a beautiful thing to have a YOGURT machine!

Oh, one more thing! Why is full-service in the cafe only offered to the day students? The evening students pay the SAME tuition fees and should get the same service. Some students come straight to campus from a full-time job and might want/need a decent meal - not vending machine snacks! Cafe service should be provided until at least 8:30 p.m. I'm hungry! I guess I'll walk over to the cafe to see what is on today's menu!

**S. Rosignon**

Wrap sandwiches like the ones they have at Chick-fil-a would be good.

**Gwendolyn Turner**

Prepackaged Sushi, a more extensive salad bar with mixed greens rather than iceberg lettuce, veggie burgers, and whole wheat bread.

**Alexander Hall**

I would love it if there were more vegetarian options.

**Yolande Ndeti**

I wish they could cook vegetables without using so much grease or oil to make it a little healthier. Maybe even have some steamed vegetables. Bring back the grilled chicken breast.

Overall the food seems to be a good variety and usually is good.

**Name Withheld**

The salad bar needs to be greatly enhanced by adding more choices for toppers and more fruit. There should also be more choices for breakfast in the pasteries area. You gave samples one day of the chocolate filled croissants—I never saw them for sale though!!!

**Kim Thacker**

As an evening student, the selection in the Laker's Cafe does not offer a healthy choice of food. I would like to see a salad bar for the evening students like the one offered for the day students. It would benefit me to have a healthy meal prior to class since I get home after 9 p.m. Anything you can do to remedy this situation will be appreciated.

**Dianne Smith**

**WE NEED MORE MICROWAVES ON CAMPUS!!**

It is ridiculous that there is only one microwave for student use on campus. There should be a microwave in each building, alongside the vending machines. Many students bring their lunch and have very little time between classes. We should not have to walk to another building, then wait in line, just to heat up our leftovers for 60 seconds

**Diane Raymond**

Chinese food, subways

**Frances Scott**

I think that Dining Services prices are too expensive for some things. I wish that they had a more extensive salad bar

**Sharon Willis**

You guys do a wonderful job preparing and cooking ..and if you want input I have only one request ..as an avid salad eater the salad bar could have more lettuce choices and just all in all bigger portions.. and I can suggest marketing a healthier diet to us students wouldn't hurt us at all so I'll push as many people into the salad line as I can... Thanks for letting me rant

**Donald Reynolds**

I would like to see a dollar menu with good choices.

**Nathaniel Mansperger**

CSU needs to do something about the food offered in the cafe. It would be nice to have a regular hot bar, salad bar, and some normal fast food chains. A division of Chick-fil-la, Starbucks, and Burger King would be a nice mix. I leave campus when I get hunger because I refuse to pay for the food offered in the cafe. Personally, I've gotten sick after eating the food several times and it would be nice to have the opportunity to know I'm safe with a chicken sandwich from Chick-fil-la.

**Michelle Walker**

Better quality deli meat.

**Rebecca McGowan**

Yes, a better salad bar and more veggies. And better prices.

**Lavorne Ford**

Any positive questions for the people?

**Ronald Robertson**

Compared to gas station and other restaurants, CSU Cafe's coffee is really bad. I don't recall pumping out a hot cup of joe or being tasty during the past eighteen months. The coffee out of the machine in C building is better and affordable, yet, I also own a Thermos - This might not make CSU admin very happy, yet that's the consumer based society we are!

I owned a coffee shop, and had some oversight of the operations of the dining service at Atlanta's first private, high rise dorm, as a Campus Administrator. I drank the coffee and ate the food, as it was good, considering the malnourished Tarahumara Indians, sixty miles from the U.S. - Mexican border, wintering in caves, with ground corn mixed with hot water as their source of nutrition during winter (National Geographic). Coffee is nothing when compared to starving persons, yet as a U.S. consumer, I'm glad Starbucks is no longer on the Cafe menu. It's expensive and too strong for most palates, although a cup of Kenyan AA or AB is good.

We all want a good cup of coffee and the coffee breaks held every semester evidence this. A nice cup of Fair Trade Colombian or Mexican is great. Juan Valdez smiles, only because that's what corporations want you to believe. Mr. Valdez and his counterparts would truly smile, if he knew all coffee drinkers were enjoying Fair Trade Coffee, so his children could go to school instead of pickin' beans all day, at the age of six. According to the International Coffee Association, Robusta beans are sixty eight cents per pound (6/2/05). That's a lot of beans to pick by hand to make one pound of coffee. Fair Trade Coffee is more expensive, but don't we send our kids to school at six?

CCSU pizza is good. Just had two slices of it. What happened to the mushrooms and other Italian offerings, sampled last semester? Six daily veggies would be great, @ \$2.99 for a three-v plate and 75 cents for tea.

**Paul Hale**



# news you can use

I wish they had smoothies. I LOVE smoothies!!!

**Zanita Pugh**

I've only eaten on campus twice. The food is pretty good, however, I believe it can get pretty expensive. I think the cafeteria should come up with a combo menu that includes sandwich, fries or chips, and a drink for a combo price. I believe this would be much cheaper on students instead of trying to buy common menu items separately.

**Ghana Davis**

Thank God this question has been asked!! I would love to see more variety of healthier foods. Everything is so greasy and fattening; it really makes you feel gross after eating chicken fingers everyday. Possibly more fruit, grilled fish maybe, and or even soy products. Soy milk is a wonderful and tasty treat that is actually becoming pretty popular. Maybe thin crust pizza, granola bars as well as granola to put in the yogurt. Ya know, quick little snacks that don't make you feel so disgusting after eating them. However, I must say that

the sweet tea is off the chain!! It's a dessert within itself!!! Thanks for asking this question!

**Brandie Foy**

Have salads made for take-out after the salad bar closes and more vegetarian options available.

**Irma Lake-Thompson**

## e-Signature Allows for Last Minute Student Loan Consolidation

TAMPA, Fla.—(BUSINESS WIRE via COLLEGIATE PRESSWIRE)—Jun 7, 2005—

This year, like every year, the Department of Education announced on June 1st the new Student Loan interest rates that take effect on July 1st (the big difference this year is the whopping 1.97% increase that has been announced). What makes this year different from all the previous years is that, because of a powerful new e-signature process developed by Academic Financial Solutions, borrowers will be able to consolidate their loans up until midnight on June 30th - and the lucky borrowers that take advantage of this will reduce their payments by over 50%.

e-Signature student loan consolidation is a secure, encrypted process that takes only a few minutes to complete - a process similar to filing Federal Tax returns online. Rather than receive a traditional paper application that has to be signed and mailed back, e-signature allows the borrower to review the application online, and then reply back stating that the information is correct.

E-Signature student loan consolidation can reduce the student loan consolidation process by as much as one month versus the traditional "snail mail" method.

"Borrowers today are very technologically savvy - they understand that consolidating their student loans through our e-signature process is fast, secure, and very simple to do," said Dr. Harold W. Babb, Chairman of Academic Financial Solutions and Professor of Marketing at the University of Richmond. "There is no question that we are at the forefront of on-line student loan consolidation."

The 1.97% rate increase will affect all Federal Student loans that are not consolidated prior to July 1, 2005. In addition to the rate increase, the Department of Education recently announced a major change to the entire consolidation program - Students now can consolidate their student loans while they are still in school and take advantage of the current all-time low interest rate of 2.77%.

"Early on, we put a lot of resources into our e-Signature Platform," added Dr. Babb. "Because we all know students are notorious procrastinators, and we wanted to help them consolidate as quickly as possible."

Based in Tampa, Florida, Academic Financial Solutions has saved Federal Student Loan holders millions of dollars by reducing their payments through consolidation. For more information on how to consolidate Student Loan debt, call Toll Free 1-866-416-6333 or visit their Website at <http://www.AcademicFinancial.com>

## Wardrobe Tips From Recruiters Help Grads Go From Slob to Success in Job Interviews

EMERYVILLE, Calif.—(COLLEGIATE PRESSWIRE)—Mar 23, 2005—In today's tough job market, college graduates are competing for employment not just with their peers, but also with more seasoned, unemployed professionals desperate to reenter the workforce. In recruiters' eyes, dressing for success matters. A recent poll conducted with members of San Francisco (SF) Recruiters, the largest online network of recruiters in the SF Bay Area, found that every year, young men commit major wardrobe faux pas while trying to make a good first impression during interviews.

Not every guy is as careless as the candidate in Georgia who drove to his interview on a motorcycle, and then proceeded to change his clothes in the parking lot - in full view of the human resource vice president's office. However, no one wants to be the guy remembered most for

committing one of the following fashion fiascos, as reported by members of SF Recruiters:

- Label Larry: forgetting to remove the label sewn onto the sleeve of a suit jacket or the price tag on a brand-new interview suit
- Slacker Steve: wearing pants without a belt or allowing pants to fall below the waist
- Messy Marvin: donning shirts, neckties and trousers with noticeable spills or stains
- Foot Fault Freddy: wearing flip flops, gym socks with dress shoes, gym shoes, or no socks at all with dress pants
- Over Dressed Owen: showing up in a three-piece suit in an informal work environment

**Help is on the Way**

While there is no one solution to these unflattering and unfortunate labels, a big step in the right direction is choosing clothing from the new category of performance apparel - pants, shirts, ties, blazers and suits enhanced with

treatments to make them resist spills, repel stains and wick moisture away from the body, keeping the wearer clean, dry and comfortable all day.

In November 2004, The Wall Street Journal reported that performance apparel will be one of 2005's top ten fashion trends, particularly for menswear. Young men entering the workforce have found that performance apparel helps them feel more confident because they know they'll maintain a professional look, despite the occasional spill or tense interview situation.

Joey Coleman will graduate from Columbia University in June and is now in the process of looking for a job. Included in Joey's wardrobe are several pieces of enhanced clothing made with Nano-Tex's Resists Spills treatment.

"Once I dropped a bagel on my lap on the way to a meeting concerning a research position I'd been working to secure. The spill-proof

Gap pants I was wearing allowed me to wipe off the food and then forget about it," said Joey. "When I get shirts or ties, it's my first choice. If I present myself as a well dressed professional, then more often than not I feel like one too. The spill resistant clothes look like any other dress clothes, feel soft and comfortable, and allow me to go through the day with a clearer mind."

Nano-Tex, a leading fabric innovation company, was first to utilize nanotechnology to create clothing performance enhancements such as spill repellency and moisture management. The company's nano-sized enhancements deliver superior performance characteristics without compromising the comfort, look or feel of the fabric.

Nano-Tex enhancements are now available in casual and work attire at many popular retailers, from Nordstrom and Brooks Brothers to Gap and Eddie Bauer.



# Recipes to win Friends and Influence People.

## Deep Fried Twinkies

### Ingredients

- 6 Twinkies
- Popsicle sticks
- 4 cups vegetable oil
- Flour for dusting
- 1 cup milk
- 2 tablespoons vinegar
- 1 Tablespoon oil
- 1 cup flour
- 1 teaspoon baking powder
- 1/2 teaspoon salt

### Directions

1. Chill or freeze Twinkies for several hours or overnight.
  2. Heat 4 cups vegetable oil in deep fryer to about 375 degrees.
  3. Mix together milk, vinegar and oil.
  4. In another bowl, blend flour, baking powder and salt.
  5. Whisk wet ingredients into dry and continue mixing until smooth. Refrigerate while oil heats.
  6. Push stick into Twinkie lengthwise, leaving about 2 inches to use as a handle, dust with flour and dip into the batter. Rotate Twinkie until batter covers entire cake.
  7. Place carefully in hot oil. The Twinkie will float, so hold it under with a utensil to ensure even browning. It should turn golden in 3 to 4 minutes. Depending on the size of your deep fryer, you might be able to fry only one at a time, two at the most.
  8. Remove Twinkie to paper towel and let drain. Remove stick and allow Twinkie to sit for about 5 minutes before serving.
- Makes 6.

**Variation:** Slice Twinkie into 4 pieces. Flour and batter each before frying. With this treatment, one Twinkie will serve two people if accompanied by a sauce.

### Berry Sauce

### Ingredients

- 1 10-ounce jar of seedless raspberry preserves
- 1 cup fresh or frozen mixed berries

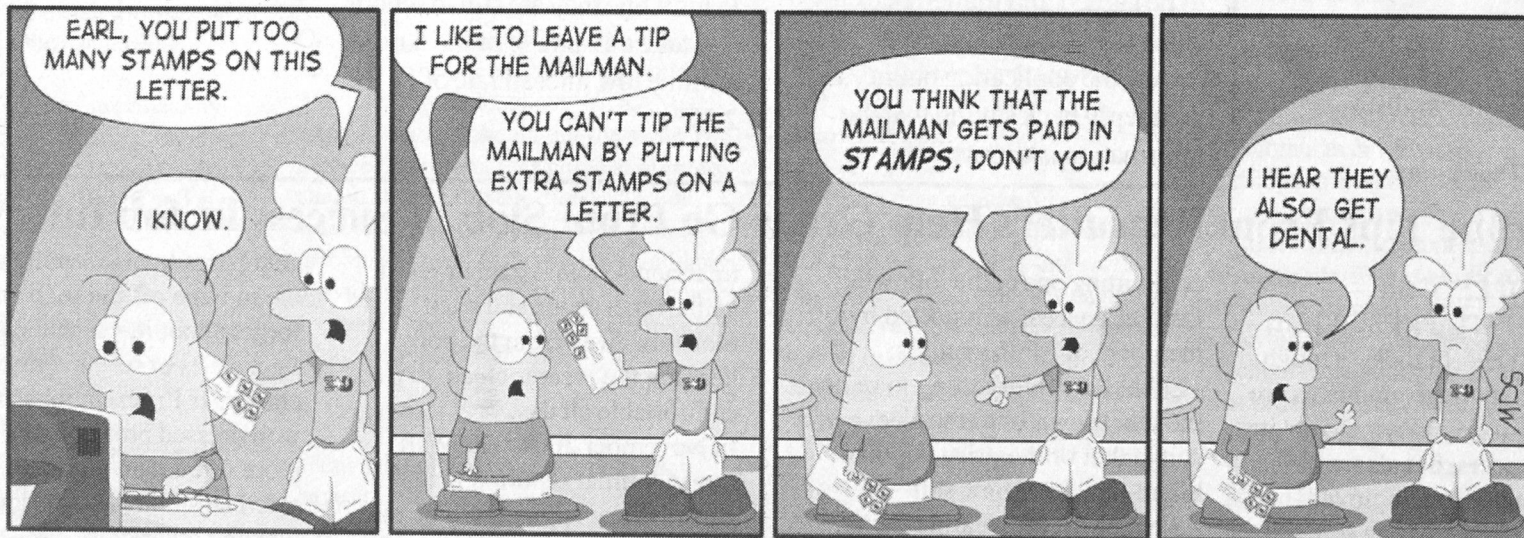
### Directions

1. In a saucepan, heat preserves over low heat until melted.
2. Add 1 cup of fresh or frozen mixed berries.
3. Heat until sauce just simmers.
4. Cover; refrigerate until served.

Makes 1 1/2 cups.

Source: Janet K. Keeler, St. Petersburg Times food editor

## UnEmployed by Matt Steen



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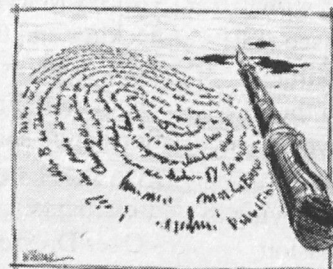
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